

INTERNATIONAL WOMEN'S DAY MARCH 8, 2022



#BreakTheBias

March 8 is International Women's Day, a time to celebrate the contributions of women and girls everywhere; to recognize women who inspire us all; and to renew discussion about the importance of gender equality in Canada and around the world.

International Women's Day 2022 Theme: #BreakTheBias

Imagine a gender equal world. A world free of bias, stereotypes, and discrimination. A world that is diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge women's equality. Collectively we can all **#BreakTheBias**.

So strike the #BreakTheBias pose by crossing your arms to show solidarity and help **break the bias**.

Individuals and organizations are invited to share their #BreakTheBias image, video, resources, presentation or articles on social media using #IWD2022 #BreakTheBias to encourage further people to commit to helping forge an inclusive world.

Status of Women Canada 2022 Theme: Women Inspiring Women

The Government of Canada's theme for International Women's Day (IWD) 2022 is *Women Inspiring Women*.

It celebrates all the women and girls who inspire us by demonstrating leadership in the choices they make in their day-to-day lives to contribute to the social, economic, cultural, and political spheres.

In Canada, unlike in many other countries, women are free to study and be leaders in the field they choose, care and provide for their family, express who they are, and fight for their beliefs.