

What if you could...

- ✓ Nourish school children?
- ✓ Support local farmers?
- ✓ Help families in need?



You can make an impact by purchasing or donating a Nourish Your Roots box to support school food programs across Nova Scotia



**Join us to help fuel generations of healthy kids**

[shop.nourishns.ca](https://shop.nourishns.ca)

September - October 2021

Nourish Your Roots is a program of  NOVA SCOTIA