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**NOVA SCOTIA TEACHERS UNION** 

**VOLUME 55, NUMBER 6** 

**MAY 2017** 

# NSTU campaign encourages members to #Vote4Ed

With rumours of a spring election gaining momentum, the NSTU launched a new campaign asking people to vote for education when the province goes to the polls next time.

The campaign, which started on Tuesday, April 18, features a television and digital media advertisement that asks the question "What does it say about a Premier and a government that promised to make education better, but has only made it worse."

As of press time (April 26) the campaign has been very well received and has also generated earned media coverage. Similarly the advertisement has been viewed close to 50,000 times on Facebook and over 2,500 times on YouTube.

"The past three and a half years have been extremely frustrating for teachers," says NSTU President Liette Doucet. "Never before in our 122-year history have we been provoked by a government to go on a province-wide strike. It's been discouraging for everyone involved in the education system to watch classroom conditions erode while the government was busy stripping teachers and other public sector workers of their right to a fair collective bargaining process."

She adds, "Essentially we need a government who knows the value of our education system not just the cost. The future of our children needs to be a priority."

NSTU has also updated actforeducation.ca to make it easier for members of the public NSTU PA/PR committee to to ask their local candidates what they intend to do to improve Nova Scotia's public

school system and if they support repealing Bill 75. With just a click of a button and your postal code an automatic email will be generated asking where they stand on these key issues. Similarly, the website has been updated with new shareable images so you can let your social network know that you are going to #Vote4ed.

"Perhaps never before have teachers been more engaged in our political process. We want to give people every opportunity to have their voices heard when it comes to education," says Doucet. "Along with what's available on the web site, I'm also encouraging people to share their own personal experiences using the hashtag #Vote4ed over the coming days and weeks. It's important that everybody knows what's been happening inside our school system when they cast their ballot. Our students deserve better than the status quo."

The NSTU Public Affairs - Public Relations (PA/PR) committee recently invited the members of the three main political parties to join them for a conversation to discuss education. While Liberal Minister Karen Casey declined the invitation, PC leader Jamie Baillie and NDP Leader Gary Burrill did participate. During the meetings both opposition leaders committed to repealing Bill 75 and going back to the bargaining table with teachers to renegotiate a contract if they form government.

It is the mandate of the promote the involvement in public affairs by encouraging NSTU members to take an

active part in government relations pertaining to education while maintaining the NSTU's historical position of not attaching itself to any political

Doucet says once the writ is dropped the NSTU as an organization is limited in what it can do in terms of political engagement because of election rules, but that doesn't stop members from getting involved on an individual basis.

"We need a government that

will treat teachers fairly, that is willing to make needed reforms now to improve classroom conditions. There have been far too many broken promises in recent years, and the best way to avoid a repeat of this is to get involved and to hold our elected officials accountable," says Doucet. "I've heard from many teachers that say they are planning to volunteer on a local campaign this election, which is something they haven't done in the past."

Doucet adds there is also a very high number of teachers who have put their name on the ballot as candidates this time around. A full list of registered candidates broken down by constituency can be found at the Elections Nova Scotia website at: electionsnovascotia. ca/Registered-Candidates.

Doucet stresses there is one thing above all else people can do to affect positive change. "Get out and vote—and vote for education."

#### Vimy Trip

Students and teachers from around Nova Scotia and across Canada joined veterans, stakeholders, and special guests, in official Canadian delegations in France and Ottawa attending commemorative events that marked the 100th anniversary of the First World War and the Battle of Vimy Ridge.

Students saw the astounding Vimy Memorial, visited Beaumont-Hamel, where countless soldiers of the Royal Newfoundland Regiment gave their lives a century ago and toured the Juno Beach Centre.

Shown are students from Auburn Drive High School in Dartmouth who participated in the Vimy Ridge trip. This photo was taken during their visit to Juno Beach. Teachers from Auburn's Senior Fine Arts Department led by Department Head Melanie Kennedy chaperoned the trip in which students formed the iconic Canadian Flag Maple Leaf as onlookers bowed their heads in memoriam. This photo represents Auburn students honouring those who fell and died on Juno Beach, France, on D-Day 1944. The students are using their bodies to make the maple leaf and mirror the soldiers that lay on Juno to earn our freedom. Lest we forget.











http://twitter.com/NSTeachersUnion

# people

#### **Equity Committee**

The NSTU's Equity Committee met at NSTU's central office on April 10. This committee explores current practices, attitudes and research regarding diversity, equity and social justice and promotes professional development workshops to assist members with equity and diversity issues such as cyberbullying, homophobia, transphobia, racism, sexism, etc. The committee also examines trends and issues with regard to equity in the teaching profession.



Seated (left to right): provincial executive liaison Angela Deagle; committee chair Nigel Tinker (Annapolis); and Elizabeth Thomas (Digby). Standing: John Smith (Cape Breton District); Tara Arseneau (Halifax City); Sheldon States (Hants West); and staff liaison Gérard Cormier. Missing: Christine Gallant (Halifax County).

#### **Finance & Property Committee**

The NSTU's Finance & Property Committee held its last meeting on March 31. Among other things, this committee prepares an annual budget; costs all resolutions to Annual Council; and exercises control over the finances of the NSTU including monitoring all expenditures of the NSTU; ensuring checks and balances, receiving regular reports on income, expenditures, investments and loans, and ensuring audits are conducted on a yearly basis. The committee also examines the internally reviewed reports of Locals, RRCs and Professional Associations and makes recommendations to Provincial Executive on the provision of financial and management services.



Clockwise from the left: Melanie Sampson (Community College); NSTU's executive director Joan Ling; NSTU's financial officer Melanie Waye; NSTU's secretary-treasurer Thérèse Forsythe; Wade Van Snick (Cumberland); Shelley MacKenzie (Antigonish); and provincial executive liaison Ron MacIntosh.



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## **Public Affairs/Public Relations Committee**

NSTU's Public Affairs/Public Relations committee met on April 13 to review election readiness plans being undertaken by the NSTU, including the new election readiness campaign. (See story page 1). Committee members also met with both the leader of the official opposition Jamie Baille leader of the Progressive Conservative Party of Nova Scotia and MLA for Cumberland South and NDP leader Gary Burill to hear about their party's education platforms and perspectives on collective bargaining and Bill 75. This committee promotes the involvement in public affairs by encouraging NSTU members to take an active part in government affairs pertaining to education while maintaining the NSTU's historical position of not attaching itself to any political party. It also examines and reviews NSTU public relations and communication programs.



Shown from left to right seated: Jaylene Chase (Lunenburg County); committee chair Neil MacIsaac (Antigonish); and provincial executive liasion Colleen Scott. Standing: Rancy Lucas (Northside-Victoria); Paul Boudreau (Halifax County); and provincial executive representative Ian Kent. Not included in the photo is committee staff liaison Jim King.

## **Counsellor joins Member Assistance Program**

The NSTU welcomes Counsellor Brian Roberts, filling a vacant postion in the Member Assistance Program, effective April 12, 2017.

Roberts is a Masters Level Prepared, Registered Social Worker with the Nova Scotia College of Social Workers (NSCSW), who holds a Bachelor of Arts (Psychology) from St. Mary's University in Halifax, as well as both a Bachelor of Social Work, and a Masters of Social Work from Dalhousie University. Over the past 25 years, he has been instrumental in the development and promotion of a number of residential treatment programs for families and youth, while maintaining his passion and participation in Treatment Foster Care Programs and work with at-risk and street involved youth through a lengthy involvement with Phoenix Youth Programs of Halifax.

Roberts has also received extensive training in Motivational Interviewing, Trauma-Focused Cognitive Behavioural Therapy, and Mindfulness Based Stress Reduction (MBSR), and is educated and versed in Trauma Informed service delivery, Narrative Therapy and Brief-Solution-Focused Therapy, among others. He has developed and delivered group psycho-educational programs in Empathy Development, and Drum



Circle Therapy, and recently published a paper in a leading academic Social Work journal. He has worked extensively with families, couples, youth, and groups, utilizing an eclectic approach based in Person-Centered Rogerian therapy addressing issues such as anxiety, depression, addictions, family concerns and the grief process. Prior to coming to the NSTU, Roberts was in private practice with a wellness clinic in Tantallon, N.S., and was employed by The Department of Community Services as a Clinical Therapist. He has a number of passions including his family, music, writing, travel, dogs and life-long learning. He is excited to accept this new challenge and looks forward to serving the members of the NSTU.

## Council on Classroom Conditions weighs in on NSTU members learn about NSTU's vital role draft Attendance Policy

The Council to Improve Classroom Conditions held its second round of meetings from April 18 to 20 and made the following recommendations with regards to attendance:

- request the Department of Education and Early Childhood Development to release the draft policy immediately, to gather and return feedback to the council before the May 17 meetings, to communicate the policy to schools in June, and to take effect in September
- ask principals to share the policy with staff and school advisory councils and encourage feedback to Council members or the department's website
- request the Department of Education and Early Childhood Development and school boards to bring forward research and best practices on outreach workers or other supports and accountability measures to increase attendance. This would support discussion around the potential of a pilot project.

At press time, the council was meeting again on April 26 to finalize its initial report. That report, which is to be submitted by April 28, will contain additional recommendations from the April 18 to 20 committee's meetings. Topics discussed during this round of meetings included Individual Program Plans, TIENET, PowerSchool, class sizes, assessment, and evaluation.

For further information on the recommendations and the deliberations of the council, please visit https://www.ednet.ns.ca/classroomcouncil



# through Huntley Internship

The second installment of the John Huntley Memorial Internship program took place at the NSTU building on March 30 and 31. Six NSTU members participated in the two-day internship that provides the opportunity to "job shadow" NSTU staff and learn more about the many NSTU programs and services provided to members. Through engaging with NSTU staff in the administration, member services, professional development, Member Assistance Program and public relations and communications departments, NSTU members learn first-hand how the NSTU gives voice to public school, APSEA and Community College members in the province and about its vital role in their professional lives. This school year marks the program's 16th anniversary. Deadlines to apply for next year's program are found on page 16.



Seated: Andrée Morin (CSANE), who is a resource teacher at École du Grand-Portage in Lower Sackville; Nicole d'Eon (Yarmouth), who teaches P/1 French immersion at Plymouth School in Arcadia; and Catherine Shediac (Shelburne County) who is a core French teacher and also teaches Grad 4 Health, Art, Science, Social Studies and Technology at Hillcrest Academy in Shelburne. Standing: Jodie MacIlreith (Halifax County), who is a Grade 7-8 French Immersion math teacher at Leslie Thomas Junior High School in Lower Sackville; Gabe Rose (Halifax City), who teaches Grade 6 at Chebucto Heights Elementary School in Halifax; and Cindy MacNeill (Halifax County), who is a music teacher at Sycamore Lane Elementary School in Lower Sackville.



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# from the nstu president

## Resolve to stay #NSTUnited

As we move from winter into spring we move into a season of farewells and new beginnings. We are used to this, we take it in stride and say goodbye to our students and colleagues no matter how happy or sad. This year has been a turbulent one and I will not be sad to see it go. However, though the season outside is changing we are still faced with a pending election and a continued fight for better education in Nova Scotia.

We, as a union, have an incredible amount of work to do. In addition to fighting for our students and coming to terms with what we have been forced to sacrifice, we must not give up on our resolve to stay #NSTUnited. I consider this to be my number one priority and I expect it will be one of the most difficult yet rewarding challenges I will face as your president.

Moving forward we have started the process of analyzing and debriefing with our staff and leadership. We will continue with this process over the next several months. This process will include an alternate to the traditional Leadership Skills Development Conference held every August. This year the NSTU will hold a Leadership Symposium titled *PAthways to PRogress*. The focus of this symposium will be on contract negotiation, job action, policy/operational procedures and public affairs/public relations and communications including social media. Recent challenges in these areas have left the NSTU with much to reflect upon. As we will face negotiations again in two years, future challenges are quickly approaching and we must develop strategies to meet these challenges.

Although we have a lot of work to do both internally and as a membership, we cannot forget what we can and have accomplished as a united body. The energy and passion shown by the membership over the past several months has been an incredible source of pride for me. You have opened a dialogue with the public in this province and we cannot let that fade away. You have created an awareness of the needs in our current system which has led to a better understanding by the general public of the lack of resources affecting the success of our students.

We must continue this dialogue as we move into the upcoming election. Your voice is our strongest tool in this fight. We need members of the public to elect a government that will make our students' future a priority again and nobody has a better perspective of the issue than you. You can change people's attitudes, and possibly their vote, by sharing your own experiences. Over the coming days and weeks we hope you will use #Vote4Ed to let people know why our education system deserves better from its elected government. Whether you decide to create a short video, write a Facebook post or Tweet a photo, I hope you will take some time to communicate with your network about the declining state of our system and why it is important to expect and vote for better education.

At actforeducation.ca you can also send an email to your MLA and local candidates asking them what they will do to improve classroom conditions and if they support the repeal of Bill 75. Sending this email is easy, all you need to do is provide your name, email address and postal code. It is our hope that all candidates will act in an open and transparent manner by providing a response.

NSTU Locals through their public affairs committees are also being encouraged to get involved once the writ is dropped for the upcoming election. Please refer to the Political Engagement brochure distributed to you through your NSTU representative to find out more about how you can get involved and have your voice heard in the lead up to the next provincial election.

#### Prenez la résolution de rester #NSTUni

Tandis que nous passons de l'hiver au printemps, nous entrons dans une saison d'adieux et de nouveaux départs. Nous y sommes habitués, nous prenons cela calmement et nous disons au revoir à nos élèves et nos collègues, que ce soit avec joie ou tristesse. Cette année a été turbulente et je ne serai pas triste de la voir se terminer. Toutefois, bien que le paysage extérieur change avec les saisons, nous restons confrontés à des élections imminentes et à une poursuite du combat en faveur d'une meilleure éducation en Nouvelle-Écosse.

En tant que syndicat, nous avons une quantité énorme de travail à faire. En plus de nous battre en faveur de nos élèves et de nous résoudre à accepter ce que nous avons été forcés de sacrifier, nous devons refuser de renoncer à notre volonté de rester #NSTUni. Je considère cela comme ma priorité absolue et je m'attends à ce que ce soit l'un des défis les plus difficiles et les plus gratifiants auxquels je serai confrontée durant ma présidence.

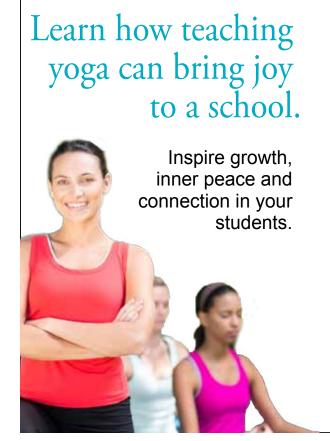
Pour aller de l'avant, nous avons entamé le processus d'analyse et de débreffage avec notre personnel et nos dirigeants. Nous poursuivrons ce processus au cours des prochains mois. Ce processus comprendra une rencontre qui remplacera la Conférence traditionnelle sur le développement des compétences en leadership qui se tient chaque année au mois d'août. Cette année, le NSTU organisera un symposium sur le leadership intitulé PAthways to PRogress. Ce symposium portera sur la négociation des conventions collectives, l'action revendicative au travail, les politiques et les procédures opérationnelles, les affaires publiques et les relations publiques ainsi que les communications, y compris les médias sociaux. Les défis récents dans ces domaines ont beaucoup donné à réfléchir au NSTU. Vu que nous serons à nouveau confrontés à des négociations dans deux ans, les défis futurs approchent à grands pas et nous devons mettre au point des stratégies pour relever ces défis.

Bien que nous ayons beaucoup de travail à faire, à la fois à l'interne et en tant que membres de ce syndicat, nous ne pouvons pas oublier ce que nous pouvons accomplir et ce que nous avons accompli en tant qu'organisme uni. L'énergie et la passion manifestées par les membres au cours des derniers mois ont été pour moi une source de fierté incroyable. Vous avez ouvert le dialogue avec le public de cette province et nous ne pouvons pas laisser cela s'éteindre. Vous avez engendré une prise de conscience des besoins dans notre système actuel, ce qui a permis au grand public de mieux comprendre le manque de ressources qui nuit à la réussite de nos élèves.

Nous devons continuer ce dialogue tandis que nous approchons des prochaines élections. Votre voix est notre outil le plus puissant dans ce combat. Nous avons besoin que les membres du public élisent un gouvernement qui fera de l'avenir de nos élèves une priorité et personne n'a une meilleure perspective que vous à ce sujet. Vous pouvez changer les attitudes des gens, et éventuellement leur vote, en partageant vos propres expériences. Au cours des prochains jours et des prochaines semaines, nous espérons que vous utiliserez #Vote4Ed pour faire savoir aux gens pourquoi notre système éducatif mérite mieux de notre gouvernement élu. Que vous décidiez de créer une courte vidéo, de rédiger un message sur Facebook ou d'envoyer une photo sur Tweeter, j'espère que vous prendrez le temps de communiquer avec votre réseau au sujet du déclin actuel de notre système éducatif et des raisons pour lesquelles il est important d'espérer une meilleure éducation et de voter dans ce sens.

Sur le site actforeducation.ca, vous pouvez également envoyer un courriel à votre député et à vos candidats locaux pour leur demander ce qu'ils feront pour améliorer les conditions en classe et s'ils appuient l'abrogation du projet de loi 75. L'envoi de ce courriel est très facile, il vous suffit de fournir votre nom, votre adresse courriel et votre code postal. Nous espérons que tous les candidats agiront de manière ouverte et transparente en fournissant une réponse.

Les sections locales du NSTU, par le biais de leurs comités des affaires publiques sont également encouragées à s'impliquer une fois que le bref électoral aura été émis pour les prochaines élections. Veuillez consulter la brochure sur l'engagement politique qui vous a été distribuée par l'entremise de votre représentant du NSTU pour en savoir plus sur la façon dont vous pouvez participer et faire entendre votre opinion durant la période menant aux prochaines élections provinciales.





This conference offers workshops for every level, from the curious beginner to the certified yoga instructor, and for the first time in Canada provides complete Yoga in Schools training. Workshop titles include: Introduction to Yoga, Yoga Grade 11, Yoga for Special Needs and Autism, NEW Girl on Fire Empowerment Program, NEW Mindfulness Manual, Yoga and Story telling as well as multi-level posture classes.

#### Conference Leaders:

Jenny Kierstead, author of 8 yoga school programs and award-winning educator, is founder of Breathing Space Yoga Studios.

Blair Abbass has been teaching meditation and stress reduction for students and teachers for over 30 years and was the first teacher to bring Yoga 11 to HRSB.

Who can attend: This program is suitable for all teachers/specialist especially Phys.Ed., support staff and guidance.

Date(s): July 17th-20th, 2017 Location: Chocolate Lake Hotel, Halifax, Nova Scotia Fee: \$ 500.00 + HST

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#### TWAR and SAA hold joint meeting

The Teachers with Administrative Responsibilities (TWAR) standing committee of the NSTU and executive members from the School Administrators Association (SAA), a professional association of the NSTU, held a joint meeting on April 21 at NSTU's Central Office. Both groups came together to discuss issues for NSTU members with administrative responsibilities including post work-to-rule and the draft attendance policy.

The TWAR committee provides a voice for teachers in administrative positions. It examines and makes recommendations to the provincial executive on communication, professional development, recruitment, selection, retention, and other issues and trends affecting administrators. A member of the School Administrators' Association (SAA) also sits on the committee.



Shown left to right: Monica Stoilov (Halfiax City); Phil Samson (Richmond); Darrell LeBlanc (Guysborough County); Ian Comeau (CSANE); committee chair Maxine Hardy (Northside-Victoria); SAA representative to the TWAR committee Heather Foote (Lunenburg County); and NSTU staff liaison Jim King. Missing: provincial executive representative to the committee Shelley Morse.

#### Inverness students visit nation's capital



LeLievre is shown above with his students.

Students from Inverness Education Centre/Academy participated in a unique opportunity for Canadian youth through ENCOUNTERS WITH CANADA, where they met with other young people from across the country through an adventure-filled week in Ottawa. From November 6 to 12, 2016 they toured Ottawa, attended a War Time Lunch, participated in a workshop and tour of the War Museum, and met the Minister of Veterans Affairs and many veterans of WWII. Inverness Local president and Inverness Education Centre/Academy teacher Robert LeLievre, who was the teacher chaperone says it was an amazing experience for his students. "We had a presentation by Jody Mitic, a Canadian Forces veteran—an army sniper, no less—and a double amputee who participated in the Amazing Race Canada," he adds. A highlight was attending the Remembrance Day ceremony at the war memorial. "One of our own, student Luke MacEachern, layed the wreath at the Remembrance Day Ceremony."

# 2017 REGIONAL ELECTION INFORMATION FOR LOCALS

All regional elections will be conducted by electronic vote.

Region	Elected		
Annapolis	Thérèse Forsythe Acclaimed		
APSEA	Andrew McCara Acclaimed		
Cape Breton District	Ron MacIntosh Acclaimed		
Community College	Damian Hall Acclaimed		
Cumberland	Wade Van Snick Elected		
CSANE	Susan Larivière Jenkins Re-Elected		
Digby-Shelburne-Yarmouth	Lori MacKinnon Re-Elected		
Halifax City	Nancie de la Chevotiere Acclaimed		
Halifax County	Paul Wozney Elected		
Northside-Victoria	Darlene Bereta Acclaimed		
Pictou	Doug Read Elected		

# **Professional Associations Leaders' Conference**



NSTU president Liette Doucet brought greetings to NSTU's Professional Associations Leaders' Conference, which took place April 21 and 22 at the Westin Hotel in Halifax. The Friday evening workshop, *Transitioning to the New You* presented by staff officer Betty-Jean Aucoin, helped the leaders of NSTU's Professional Associations move forward post work-to-rule job action. NSTU's financial officer hosted a workshop for PA treasurers and delegates learned more about their roles and responsibilities as leaders within their profession.

Shown above and below are delegates at this year's PALC.



# Attention Annual Council 2017 Delegates

Revised information for 2017 Council Elections

#### **CTF Delegate**

2 members to be elected, one 3-year term and one 2-year replacement

#### **Resolutions Committee**

3 members to be elected, two 2-year terms and one 1-year replacement

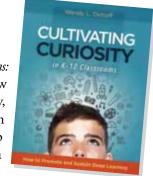


## Putting new members in the KNOW!

Email your name, home address, and the name of your school or campus with FRESH in the subject line to theteacher@nstu.ca by June 4, 2017 to be eligible for the draw.

#### Cultivating Curiosity in K-12Classrooms by Wendy. L. Ostroff

ASCD publication *Cultivating Curiosity in K-12 Classrooms:* How to Promote and Sustain Deep Learning shows how to foster student curiosity through exploration, play, questioning and critical thinking. Using relevant research from neuroscience and psychology, this book will help teachers empower students to experience the world in a meaningful way.







## **Copyright and Fair Dealing for Teachers**

Submitted by Andrea John
Chair, CMEC Copyright Consortium Committee
Nova Scotia Department of Education and Early Childhood Development

Teachers and students today have greater opportunities for learning as a result of a Supreme Court of Canada decision in 2012 which clarified what fair dealing means in the classroom. Canada's copyright law supports learning, fosters innovation, and drives knowledge creation by providing teachers and students with the legal right to deal fairly with the copyright-protected works of others.

It is important for teachers to have a working knowledge of "fair dealing." Fair dealing permits teachers to communicate or use "short excerpts" from copyright-protected works for students in their classes without seeking permission from the copyright owner or paying copyright royalties. This is the case provided the dealing is for an educational purpose and the dealing is fair.

To ensure compliance with copyright law, the education community in Canada has established the *Fair Dealing Guidelines* to help educators determine what is "fair." The Fair Dealing Guidelines describe a safe harbour, not absolute limits. Copying or communicating a copyright-protected work within the prescribed limits will, according to the advice of legal counsel, almost certainly be fair. Copying or communicating beyond those limits may, or may not, be fair.

For practical reasons, the *Fair Dealing Guidelines* have a description of "short excerpts" based on decisions of the Supreme Court of Canada. Guideline 4 describes the quantitative limits of the safe harbour:

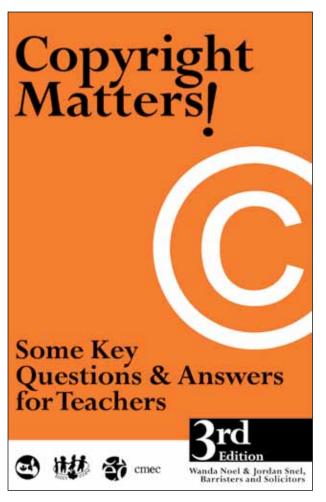
- up to 10 per cent of a copyright-protected work
- one chapter from a book
- a single article from a periodical
- an entire artistic work from a copyright-protected work containing other artistic works
- an entire newspaper article or page
- an entire single poem or musical score from a copyright-protected work containing other poems or musical scores
- an entire entry from an encyclopedia, annotated bibliography, dictionary, or similar reference work

The *Fair Dealing Guidelines* inform educators about their rights—as well as their obligations. For example, the guidelines prohibit systematic copying that cumulatively results in copying beyond the quantitative limits in the guidelines.

Throughout Canada, copyright is respected by teachers, school boards, and government ministries and departments. Respect for copyright is taught in schools. As responsible stewards of copyright and education, teachers understand the importance of complying with the *Copyright Act* and being aware of their rights and responsibilities when they use the copyright protected works of others.

To learn more about copyright and fair dealing, teachers are encouraged to visit the new on-line resource: the Copyright Decision Tool @ www. CopyrightDecisionTool.ca. Here, teachers have, at their fingertips, the information they need to

decide if a particular use of a short excerpt is fair or not. All teachers need to be aware of their rights – and their limits – when relying on fair dealing in their classrooms.



# The Copyright Resource for Teachers: Copyright Decision Tool

There is a new on-line resource to help teachers determine whether copyright permission is required to use short excerpts from copyright-protected materials in their classrooms.

This new resource—www.CopyrightDecision-Tool.ca—helps teachers decide with a few clicks whether the fair dealing provision in the *Copyright Act* permits copying of short excerpts from print materials, artistic works, or audiovisual materi-

als for students without having to get copyright permission.

So, the next time you wonder, "Can I use this in the classroom? Can I copy it?" the answer is at your fingertips! It takes 30 seconds on CopyrightDecisionTool.ca to have your copyright questions answered. By clicking through this user-friendly resource, teachers will know whether the use of the copyright-protected materials they wish to use with the students in their classrooms is considered "fair."

The new website informs teachers about their rights and obligations when they use copyright-protected works of others. It will ensure they better understand the law and the application of the *Fair Dealing Guidelines*. On the Web site, there are other important copyright resources all teachers should become familiar with:

- *Copyright Matters!*, "the orange book," that provides key questions and answers on copyright law and education
- The instructive video *Dealing Fairly with* Copyright-Protected Works of Others
- The Fair Dealing Guidelines
- The poster prohibiting the copying of consumables.

All of these resources can be printed from the website.

Canadian educators are responsible stewards of copyright and education, and understand the importance of respecting the rights of copyright owners and complying with copyright law. Copyright is respected by teachers, school boards, and government ministries and departments across the country. Respect for copyright is taught in schools.

CopyrightDecisionTool.ca is yet another helpful resource to keep teachers on the right side of the law. It is important for teachers to know their rights under Canada's copyright law – and it is very important for them to know their limits. When in doubt about whether a use is fair dealing, use the Copyright Decision Tool.

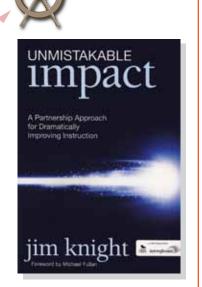
Visit (and bookmark!): www.CopyrightDeci-



Email your name, home address, and the name of your school or campus with PD Giveaway in the subject line to theteacher@nstu. ca by June 4, 2017 to be eligible for the draw.

Unmistakable Impact: A Partnership Approact for Dramatically Improving Instruction By Jim Knight Foreward by Michael Fullan

This Corwin/Learning Forward published text demonstrates how targeted consistent professional learning that is done with teachers, not to teachers can result in creating an Impact School. Impact Schools have clearly defined plans that include the complexity of teaching and learning relationships, a culture of ongoing PD and alignment of all staff members.



#### 1st Vice President Candidate

#### Keri Butler

Our NSTU has always been a part of my life. My grandfather had been a teacher, and a very engaged NSTU member, and his daughters all went on to become teachers. It is his NSTU involvement that gave me a glimpse of what we have overcome, what we continue to fight for, and where we need to go to move forward. We are strong. Our diverse membership (APSEA, Community College – Faculty and Professional Support) came out in support of public school members when



negotiations failed. We have been buoyed by support from other Union organizations - ones we have supported in their times of turmoil. We supported one another when the Community College was within hours of a strike several years ago, we continue to be stronger together. Respecting this diversity of our membership is important in the decisions made by our organization.

**Moving Forward.** There is a way forward for all of us – together. Our voice is strongest as one. I will support all members in your respective collective agreement negotiations. I will be there to ask the tough questions whenever I can. I promise to work hard to ensure that each voice in our diverse membership is heard, valued and used as we forge onward. I want to make sure you are informed every step of the way. We need to do things differently. And I am ready for a change. We must be ready to battle on any front. We cannot afford to do things the same way when it comes to negotiations (and other matters). We must adapt and be ready for what may come our way. But we will

I have spent the last four years serving as one the Provincial Executive members for Halifax City. During this time at the PE table I heard diverse perspectives and opinions from across the province on a wide range of topics. My varied service on other NSTU committees has been invaluable in preparing me for this role - whether that is our finances, current trends in negotiations from being on Member Services, or my time on the Provincial Economic Welfare Committee and creating an asking package. I always made my decisions based upon careful reflection and analysis of the issues at hand, and in the best interest of our organization. I believe these decisions will not get

While I have spent most of my 16-year teaching career in the high school system (14 with Halifax Regional School Board and 2 in Toronto), when I was Local President, I would visit local elementary and junior high schools to present and share on NSTU matters. While on Provincial Executive, I have been quick to inquire and learn about the new elementary and junior high experiences, as well as those of our specialists such as Speech-Language, School Psychologists, and Social Workers, and our Community College members. As the APSEA liaison (when they were part of the Halifax City Local), I learned about their organization's structure and how it manages its operations across three provinces. It is of the utmost importance that the First Vice-President know the minutiae of each part of our Union and how our decisions as an organization affect all the parts of our structure.

I want to be your voice at the Provincial table. I ask for your support on May 6th. Past. Present. Forward. #NSTUnited

Email: kebutler@nstu.ca Twitter: @keri\_butler

#### **Education and Background:**

I currently hold two Masters of Education degrees in Curriculum Studies (Acadia) and Educational Foundations (MSVU). I completed my Bachelor of Science degree in Chemistry from Saint Mary's University, and my Bachelor of Education from Acadia University.

#### **Provincial Activities/Offices**

- Provincial Executive (2013-2017)
- NSTU Secretary-Ireasurer
- Chair, Governance and Policy Committee
- Liaison to APSEA
- PE member on Finance and Property Committee
- Committee

- PE liaison on Professional Development

- NSTU Awards Selection Committee
- Chair, Annual Council Resolutions Committee - Provincial Economic Welfare Committee
- Member Services Committee
- Finance and Property Committee
- Annual Council Delegate (10+ years)
- CONTACT delegate
- Presenter at Association of Science Teachers
- Attendee at AST conferences

#### Regional/Local Activities/Offices

- Local President (2011-2013)
- First Vice-President (2007-2011)
- Local Secretary (2006-07)
- Halifax Regional Representative Council Co-
- Class Climate Chair
- Grievance Committee Chair
- Co-Chair Management Teacher Committee
- Regional Negotiations Committee
- Finance Committee
- Social Committee
- Elections Committee
- Resolutions Committee
- School Representative
- Coordinated sessions for members on Maternity/Parental Leave, Pre-retirement, Substitute while Regional Economic Welfare **Committee Chair**
- Breakfast for Learning Representative
- Substitute Liaison
- Numerous NSTU Conferences

#### 1st Vice President Candidate

#### Tami Cox Jardine

#### Our Union. Our Profession. Our Voice. Notre syndicat. Notre profession. Notre voix.

The NSTU is a unified force at heart and the soul of public educators in this province. We have united in many ways over the years by different circumstances and events. Our unity and solidarity are crucial as we take action against a government who ignored Collective Bargaining Rights, diminishes pay increments, removes service awards and misleads us by saying there is no



money. This is a government who then celebrates with a pre-election spending spree of almost \$100 million in the past two months.

NS educators suffered a huge loss on February 21st, 2017 with a legislated contract and Bill 75. Members have sent a very clear message to the government that balancing the budget on the backs of educators was not OK. The rights and benefits that unions have worked so hard to achieve are still under attack and we will need to address even more concerns as we work together by supporting the following:

New Teachers are coming into our profession. Many are leaving this profession within the first 5 years as the burden of today's classrooms are so complex. Supporting new teachers builds capacity in our union and profession.

Members with Administrative Responsibilities are vulnerable and some felt compromised as we realized during job action. Our continuous support to these members is essential in moving forward, united.

Mental Health Needs of Students and Educators need to be addressed with 15% to 25% of our children and youth suffering from at least one mental health problem or illness. Educators require adequate professional development and resources as well as support for their own well being, sometimes suffering from compassion fatigue themselves. (CTF 2017)

Workload and Working Conditions have members working far beyond the "school day" to try to complete tasks, often doubling the hours worked per week. Outcomes, marking, preparation, absenteeism, PLCs, adaptations, IPPs, behaviour plans, inclusion, initiatives... Advances in technology (PowerSchool, TIENET, Google Classroom, etc.) have also increased workload significantly. Life Work Balance is needed for educators who "do" beyond the instructional day. It seems that many sports, events and organizations that have been facilitated in the past have now become an expectation of members, not voluntary. During job action, many actually found a new life/work balance in being able to leave

Representing a Variety of Members with the issues of our NSCC and APSEA members and the unique challenges they face. We must also show strong support to them as they go through the negotiation process, restructuring and contractual issues just as we have.

One Voice; Deux Langues – Il faut que notre organisation identifie et se prépare pour les défis qui suivent. Un des défis est d'améliorer la qualité d'emplois et la vie des enseignants pendant le prochain tour de négociation, en français et en anglais.

I am confident and committed to our organization and my decisions are made with the interests of the NSTU being first and foremost. I have benefitted from experiences I have had and I recognise there is still much to learn. With my extensive experience, commitment and proven leadership, I ask for your support by voting for me to serve as 1st Vice-President of this organization. Tami Cox Jardine

Candidate for 1st Vice President

#### **Education:**

- Associate in Education (NSTC)
- Integrated Program French (DoE)
- Master of Education Curriculum (MSVU)
- 28-years teaching experience elementary and secondary in AVRSB & CCRSB
- Fluent in English & French
- 3 years Technology Integration Mentor; Teacher Committees: Resolutions; PD; PA/ Nova Scotia International Summer Program 2011-13; Educator MSVU Belize Project 2016-17

#### **Provincial Experience:**

Professional Committee 2015-17 & Professional Development Committee (2013-15) Annual Council Delegate 10+ years Registrar, Communications, Executive NSTALL AVISO Editorial (2015-17)

#### **Regional Experience:**

Annapolis Valley RRC Management – Teacher Committee Regional Returning Officer; Regional Rep Planning, Elections & Finance Committees Hants West Local Representative – AVRRC

#### **Local Experience:**

Local President, Hants West – 2 Terms **Local Job Action Committee Chair** VP – PA/PR, PD & Communications Local Table Officer Chair - New Teacher & Hants West Local Annual

**Retirement Banquet Committees** 

PR; Constitutional Review; Finance; Communications School Representative

#### **National Experience:**

Canadian Teachers' Federation Delegate (15 & 16) CTF Advisory Committee on Aboriginal Education (15, 16 & 17)

#### Other Related Experience:

- Local Presidents' Conferences; Leadership Development; CONTACT; Mentoring Module CCRSB; Accreditation Co Chair Internal review; 3 External Review Teams (2 en français)
- Facilitator, CCRSB & EECD Technology Integration Summer Institute (2001-present)
- Facilitator for Professional Development Project - Belize 2016, 2017



# Lyme disease: What it is, who's at risk, and how you can avoid it

by Alexandra Foley-Eby

Lyme disease is a tick-borne illness caused by infection of the Lyme Borreliosis group of bacteria. First isolated in 1982 by William Burgdorfer, the bacterium has developed an international reputation as a scourge of good health and the source of a silent epidemic. Lyme disease research is full of daily developments, heated arguments, and stark contradictions. This article will attempt to present a few of the most widely-accepted facts, however the reader is encouraged to read further, think critically, and ask questions. A good online source to start your search is CanLyme. com, the website of the Canadian Lyme Disease Foundation. The website of the public health agency of Canada can also be consulted.

"How do you get Lyme?" There is ongoing research into the diversity of possible vectors and methods of transmission, however most sources will say that Lyme disease is spread in Canada by only two vectors, both of which are ticks. Ixodes pacificus and *Ixodes scapularis* are the only two species which are recognized by the Canadian government as being able to carry and transmit B. burgdorferi. As the name would suggest, I. pacificus has a western distribution, and you are not likely to find one in your backyard in the Maritimes. What you might find, however, is *I*. scapularis. But if you are bitten by this tick, you may not notice the bite itself. This is thanks to an anaesthetic used by the tick for this exact purpose. On top of this, ticks will often bite in areas where you are less likely to see them, such as the groin, armpits, and scalp. Ticks have highly specialized mouthparts that consist of a barbed harpoon-like structure called a hypostome ending in a pair of scissor-like chelicerae. The tick will scrape and then puncture the skin with the chelicerae. The tick then begins to flex them, pushing the hypostome into the skin. The barbs prevent the tick from being dislodged, allowing the tick to stay attached for many days. One problem the tick then faces is the dilute nature of blood. Ticks are not interested in the watery part of human blood, and to cope with this the tick has developed a method of filter feeding. The tick regurgitates the unwanted parts back into the host and this is, unfortunately, easiest way to prevent yourself from in, your healthcare provider or public University on arthropod-vectored disease.

the way ticks transmit bacteria. The Borrelia bacteria normally sits in the tick's midgut, attached to the wall. When blood is ingested, the bacterium releases its attachments and migrates to the salivary glands of the tick. When the tick spits the liquid from your blood back into you, the bacteria are transmitted. Most sources will state that 24-48 hours is the length of time a tick must be attached in order to transmit the bacteria but there are reports of more rapid transmission, and other diseases which are also carried by ticks are transmitted much more quickly – so the sooner you get a tick off you, the better!

"Where can you get Lyme?" In order to answer this question, it is important to give a definition of "endemic", a common word appearing in the literature surrounding Lyme. Endemic, in this sense (as defined by the Government of Canada), means that (within a given area) all three life getting Lyme disease is to change your habits. If you are hiking, hunting, fishing, golfing, gardening, etc. you should be aware of the risks. As a Lyme researcher, I am often amazed at the number of people walking unprotected through wooded and grassy areas. Simple activities like walking your dog, pulling weeds, etc. need to be considered. If you are going to be walking in grassy or wooded areas between April and December, you should be prepared. This preparation includes wearing long pants tucked into socks, solid shoes/boots, long sleeved shirts, and bug spray. The bug sprays you buy at your local drug store are not very effective at repelling ticks and after walking outside, you should always check for ticks. If a tick has just recently attached, it will be small and may be mistaken for a freckle. While sesame seed shaped when non engorged, fully engorged ticks are the shape and size

health office may be able to offer advice on getting the tick tested. Regardless, it is a good idea to save the tick in case you develop health problems later. The tick should be placed in a sealed container in the freezer until you submit it. You can meet with your family doctor to discuss potential tests or prophylactic treatment (usually limited to endemic areas). If you develop a rash, headache, fever, chills, fatigue, muscle spasms or weakness, numbness or tingling, swollen lymph nodes, dizziness, abnormal heartbeat, muscle or joint pain, paralysis, mental confusion, rage or other any other abnormal nervous system symptoms, you should immediately report them to your physician, along with details of when and where you were bitten. Many of these symptoms are vague and could be indicative of any number of diseases. This, along with people not noticing or finding the tick that bit them, is one of the largest problems in diagnosing and obtaining prompt treatment for Lyme

"Am I at risk?" If you are walking or standing outside in grassy or forested areas anywhere in the Maritimes (and indeed Southern Canada) between April and December, you are at risk. When the snow cover is gone and frosts become less frequent, you should start to check yourself for ticks. This also extends to children and to your pets. Pets are also at risk of being infected. Children need and love to be outside, but they should also be dressed properly (as described previously). It is important to teach them the importance of checking, as well as how to do it. This is as important when coming in from school recess as when children are at summer camp. We are privileged to live in one of the most beautiful places in the world and we should be outside enjoying it. The risk of illness from a tick bite is real and increasing but with a few simple changes in our awareness and behaviour much of the risk can be avoided.

Alexandra Foley-Eby is a M.Sc. student at Mount Allison University completing her studies on the risk of Lyme disease in the Canadian Maritimes. She previously completed a B.Sc. honours at Dalhousie



stages of ticks have been found multiple times and that Lyme disease has been found in the local ticks and/or animals. Does this mean you cannot get Lyme anywhere else? Absolutely not. Ticks do not recognise human made borders or boundaries and ticks may be transported to novel areas by animals such as birds, deer and mice, and there are few areas of the Maritimes that are not visited by birds or mice. Additionally, annual studies show that endemic areas are not constant and are expanding.

"How do I avoid getting Lyme?" The

of small grapes. Removing the tick before it becomes engorged is key to preventing the transmission of Lyme.

'What do you do if you have been bitten by a tick?" If the tick is attached, it will need to be removed. Using (clean) tweezers, grasp the tick as close to the skin as you possibly can. Pull the tick slowly, perpendicular to the skin surface. Do not twist or crush the tick. Wash the area with soap and water. If you experience any difficulty, you can go to your healthcare provider for assistance. Depending on which province you live

For previous The Well Teacher articles, go to www.nstu.ca Click on → Communications → NSTU Publications → The Teacher → The Well Teacher

# Congratulations to our **March Book Winners!**

PD — Cathy Kennedy — SRSB EQUITY — Ron Nugent — HRSB FRESH — Mary-Jane Foley — CCRSB

Email your name, home address, and the name of your school or campus with EQUITY in the subject line to theteacher@nstu.ca by June 4, 2017 to be eligible for the draw.

#### Rink of Dreams by Nancy L.M. Russell

Rink of Dreams, published by Key Porter Books follows the story of 13-year-old hockey-playing Gary MacDonald and his love of the sport and dream to one day make it to the NHL. Impacting his dreams are his small size, and the separation of his parents. It chronicles a tumultuous year in the life a young boy from small town Canada.



# UNTIL June 1, ONLINE APPLICATIONS ARE BEING ACCEPTED FOR COHORT 7, BEGINNING IN SEPTEMBER 2017.

Are you a principal, vice-principal, department head, consultant, or coordinator? Are you interested in pursuing graduate studies in instructional leadership?

# Then consider applying for the Nova Scotia Instructional Leadership Program.

The Instructional Leadership Program leads to a Diploma in Instructional Leadership, granted by the NS Department of Education and Early Childhood Development, and with approval from the Office of Teacher Certification (EECD), can be used for a raise in your teacher certification level.

For more information about the program and access to the online application form, visit the Leadership Academy webpage at <a href="http://www.nselc.ca/nsila/nsila-home">http://www.nselc.ca/nsila/nsila-home</a>. (En français: <a href="http://www.nselc.ca/elpne/bienvenue">http://www.nselc.ca/elpne/bienvenue</a>.) Or, contact Sue LeBel, program coordinator, at <a href="mailto:slebel@nselc.ca">slebel@nselc.ca</a> or 902-354-8134.

## **CONTRACT HOTEL CHANGE**

Due to emergency renovations, the Lord Nelson Hotel is unable to guarantee rooms for the duration of the NSTU hotel contract, so please be advised that effective <u>immediately</u> the contract hotel for all Nova Scotia Teachers Union business is now the **Delta Halifax**. New guest rates will apply with the Delta Halifax as outlined below.

The **Westin Nova Scotian** will continue as the overflow hotel for NSTU business <u>until June 30, 2017</u> in the event the Delta Halifax is fully booked. The Delta Barrington will become the overflow hotel for NSTU business effective <u>July 1, 2017</u>.

Any guest rooms required at the above hotels for NSTU business must be booked through the **NSTU Central Office.** 

#### **Guest Rates:**

The following guest rates will apply for NSTU business travel at the Delta Halifax and Barrington:

**\$94.00** (plus tax and marketing levy) – single/double occupancy. Includes parking for one vehicle, full hot buffet breakfast for one person at Harbour City Bar and Grill, free local and long distance access fees, and free high speed internet. (*Black out date – Dec 31, 2017*)

Both the Delta Halifax and Delta Barrington are offering a preferred rate for NSTU leisure travel. Effective immediately the following rate will apply:

**\$109** (plus tax and marketing levy) to include a \$10 discounted self-parking rate. (*Black out date – Dec 31, 2017*)

#### **PLEASE NOTE:**

Any Local or RRC wishing to use the contract or overflow hotel must contact the NSTU Central Office in advance and provide the approximate number of guest rooms and meeting rooms required. The hotels will not be accepting bookings for business purposes directly without prior authorization from the NSTU Central Office. Once the hotel space availability has been confirmed by the NSTU Central Office, the Locals and RRCs can provide details of the meeting

**NSTU Central Office Contact Information:** 

requirements directly to the hotel.

Phone: 1-800-565-6788 Email: events@nstu.ca

#### 2017 Candidate for CTF Delegate

#### Turk MacDonald

#### **Involvement and Commitment**

I am interested in becoming involved at the national level through the Canadian Teachers' Federation, supporting educators. The Canadian Teachers' Federation represents over 200,000 educators. CTF is a national organization that provides valuable programs, as well as, a unified voice for teachers. As a result of being involved at the local, regional, provincial and professional associations levels of the Nova Scotia Teachers Union, I have developed a



better understanding of the purpose of unionism in the teaching profession especially in an era where governments attempt to usurp the voice of unions and create dissonance. It is my hope that working at the national level will create opportunity for learning more about the strong voice of unionism; and enhance networking capacities for potential partnerships. I will avail myself of programs and resources that will improve my work at the provincial level.

I would appreciate your vote in this endeavour.

#### Engagement et Dévouement

Je suis intéressé de m'impliquer au niveau national à travers la Fédération canadienne des enseignantes et enseignants, pour mieux appuyer les enseignants. La Fédération canadienne des enseignantes et enseignants représente plus de 200,000 enseignants. La FCE comme organisation nationale fournit des programmes et ressources valables, et suscite également une voix unie pour les enseignants. Grace à mon implication au niveau local, régionale, et provincial, et mon implication avec les associations professionnelles de NSTU, j'ai pu développer une bonne connaissance du syndicalisme, et l'importance d'avoir un model qui uni les membres surtout pendant l'ère ou les gouvernements essayent de déstabiliser les syndicats. J'ai l'espoir qu'en travaillant au niveau national, j'aurai l'occasion d'apprendre plus au sujet du syndicalisme, établir et améliorer des rélations avec d'autres partenaires. Je compte aussi me procurer des programmes et ressources qui peuvent appuyer mon travail au niveau provincial. J'apprécierais votre vote. Turk

#### 'Provincial Positions

Current Provincial Executive Member for Halifax City Personnel Committee Sheonoroil Committee

Resolutions Committee
Pension Committee

Special Awards Committee
Professional Development Committee

Discipline Committee
Completed NSTU Leadership Development

Institute
Competed the John Huntley
Regional Positions Halifax Regional

Representative Council (HRRC)
Treasurer

Substitute Committee

**New Member Committee** 

**Local Positions** 

School representative in Halifax County and Halifax City for over 20 years

Current Provincial Executive Member for Halifax City

CONTACT delegate

Annual Council Delegate numerous times over three decades.

Executive Member at Large Halifax City Treasurer and member of the Finance

Communications Committee

Committee Halifax County

Nominations and Resolutions Committee

Women in Education Committee

Professional Development Committee

Professional Development Committees

Social Committee

Economic Welfare Committee

Ad Hoc Committee

**National Positions** 

Nova Scotia's Advisor for the Parliamentary Teachers Institute

**Professional Information** 

Associate in Education (NSTC)
Bachelor of Education

Diploma in Special Education

M. Ed. Resource

M.Ed. Counselling
M.Ed. Leadership currently

33 years' teaching experience

5 schools

Currently Citadel High — Guidance Counsellor

Life-long commitment to learning Professional Association Social Studies Teachers Association (SSTA)

Treasurer

Secretary

Past Conference Chair and Registrar Conference Committee for 18 Conferences

Site Coordinator for 8 Conferences

Delivered over 45 workshops

Published numerous social studies lessons and online lessons

Leadership Development

Teachers Institute on Canadian Parliamentary Democracy

National Geographic Society Institute HRSB Leadership Development Program Historica Canadian History Institute Nova Scotia Educational Leadership

Consortium Facilitator Module Queens Geography Institute

National Geographic Society Institute

Halifax Regional School Board & Department of Education

Writer on the Geography 10 Course for DOE
Canadian History 11 Implementation Team for
DOE

HRSB Leadership Development Program Curriculum Coordinator for Social Studies English curriculum coordinator

Representative on the Assessment and Evaluation with the Department of Education

Led in-services regarding formative and summative assessment and evaluation Delivered workshops in Canadian History, Global Geography, Geography 10

#### **NSTU STANDING & OTHER COMMITTEES**



#### Would you like to serve the NSTU at the Provincial Level?

The NSTU needs input from the widest-possible cross section of its members to make the most effective contribution to education. Members serve on most provincial standing committees for a maximum of two years,\* so we are constantly in search of skilled and interested persons to make our committee structure operate successfully. Committee membership is open to Active and Active Reserve Members.

\*NSTU Operational Procedures state: Appointment to a committee will be for one defined term of two years. In extraordinary circumstances, an extension of one year is permissible.

APPEALS - reviews applications for assistance on appeals under Section 26 of the <i>Education Act</i> and decides if the appealing teacher is to receive legal assistance from the Nova Scotia Teachers Union.
COMITÉ DE PROGRAMMATION ACADIENNE - studies the curriculum and all proposed changes in it as it relates to Acadian schools under the direction of CSAP and reports its findings to the Provincial Executive.
CURRICULUM - studies the curriculum of schools and proposed changes and reports the findings and recommendations to the Provincial Executive.
EQUITY - is concerned with matters pertaining to equity, diversity and social justice.
FINANCE & PROPERTY - prepares the annual budget for Council, keeps informed of the Union's financial position, supervises the payment of accounts, forwards financial statements to Executive meetings, determines the amount of travel expenses to Council and checks every NSTU expenditure on property.
INSURANCE TRUSTEES - oversee the operation of the NSTU Group Insurance Plan which offers Life, Optional Life, Accidental Death & Dismemberment, Total Care Medical/Total Care Dental, LTD, MEDOC® and Home & Auto. NOTE: Two appointments will be made, one from the Chignecto Region and one from the South Shore/Tri-County Regions.
MEMBER SERVICES - identifies bargainable items; prepares background information related to merits of negotiable items; identifies trends and developments in teacher bargaining across Canada; reviews economic forecasts; considers Council resolutions; plans workshops for REWC negotiators; reviews results of most recent contract bargaining.
PENSION - studies pension resolutions and keeps the Executive informed of trends and changes affecting teachers' pensions. NOTE: Two appointment will be made from the Annapolis Region and the South Shore/Tri-County Regions.
PROFESSIONAL DEVELOPMENT - reviews and develops policy programs and ideas intended to improve the effectiveness of teachers as professionals and to advance education through research in Nova Scotian classrooms.
PUBLIC AFFAIRS/PUBLIC RELATIONS - promotes the involvement in public affairs by encouraging NSTU members (and others) to take an active part in government affairs pertaining to public education. Examines and reviews NSTU public relations and communications programs.
TEACHERS WITH ADMINISTRATIVE RESPONSIBILITIES - provides a voice, within the NSTU, for teachers with administrative responsibilities.
SHEONOROIL BOARD OF DIRECTORS - the Sheonoroil Foundation is an arms-length charitable agency created to fund school and campus-based projects and research directed at reducing violence in schools and Community College campuses. The Board of Directors is the governing body of the Foundation; it develops Foundation policy, mandates Foundation initiatives and approves project funding.
STATUS OF WOMEN COMMITTEE - promotes ways of enhancing the status of women in the teaching profession and in society.
SUBSTITUTE TEACHER - advises the Provincial Executive on issues affecting and of concern to substitute teachers. NOTE: Appointments to the Substitute Teacher Committee are made at the October meeting of the Provincial Executive. Therefore, the deadline for receipt of applications to this Committee is October 13, 2017.
TECHNOLOGY - To provide advice on the content, delivery and design of technology
I would be willing to serve on any committee.

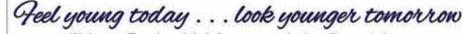
#### Applications must be received in Central Office by Friday, May 19, 2017

Note exception: Substitute Teacher Committee (October 13, 2017)

You may download the NSTU Standing/Other Committees application form from the NSTU website or apply online by going to the following link (you do not require an NSTU webmail account to apply online):

http://www.nstu.ca/the-nstu/structure/provincial-executive/committees/

The NSTU reserves the right to re-advertise any position if a sufficient number of applications are not received by the deadline.



Welcome Teachers! Ask for your exclusive discounts!



(902) 322-6805 Deborah Hart MIND **Nurse Practitioner** 

FirstImpressionsClinic@gmail.com

CapeBretonBotox.com

MEDICAL AESTHETICS & REJUVENATION CLINIC

#### **PRODUCTS & SERVICES**

Botox Cosmetic, @ Xeomin@ (wrinkles & fine lines)

Hyperhidrosis (Excessive sweating)

Latisse<sup>®</sup> (eyelash enhancement)

Chemical Peel Rx (slow the aging process, improve acne, remove or reduce sun damage, age spots, acne scars, reduce pore size, soften fine lines & wrinkles, & more)

The Perfect Peel ®

Juvederm®, Belotero® Anteis®, Radiesse® (volume loss & deeper lines)

Sclerotherapy

Cryotherapy

Ear Syringing

Belkyra® (treatment for double chins)

## **Primary teachers:** Apply to teach in the USA





Education is a story: Make yours an adventure.

www.vifprogram.com/canada

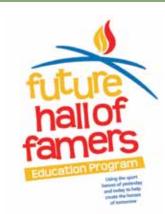


### participate.

VIF is becoming Participate.

#### The Nova Scotia Sport Hall of Fame's FREE Education Program.

Did you know that the Nova Scotia Sport Hall of Fame has a free education program that is provided to youth all across Nova Scotia? This program is a very unique experience for your students and is sure to be a memorable one. Equipped with pre and post visit



activities, curriculum based outlines and the possibility of meeting a Hall of Famer, this program is sure to get your students excited. Our Education Program is designed to inspire and motivate our Nova Scotia youth to set goals and follow their dreams. With our Nova Scotia sport heroes at the forefront, we aim to inspire our youth with stories of hard work, dedication, a will to succeed and a never give up attitude. These athletes come from a small province but have made a big impact. Here is a brief outline of what the presentation would look like:

- 1) Inspiring 25-minute interactive presentation at the location of your choice. (School or Hall of Fame)
- Videos highlighting the accomplishments of Nova Scotia sport heroes and important moments in our provincial sport history
- If available, an inductee from the Hall of Fame or a local sports hero will speak about their sport story focusing on hard work, dedication, perseverance, and the ability to overcome challenges (Videos will be used in the absence of speakers.)
- This program is offered FREE OF CHARGE! to any school province

The presentation is approximately 45-65 minutes long with a Q/A period. Geared towards grades 3-8, but can be tailored to suit any

For more information please call Christina at (902) 489-4043 or email Christina@nsshf.com.

Dream Big!

#### Christina Brien

**Education and Special Events Coordinator** Nova Scotia Sport Hall of Fame

### **Pension Symposium 2017**

NSTU president Liette Doucet participated in the biennial NSTU Pension Symposium on April 21 and 22 at the Lord Nelson Hotel in Halifax. The symposium provided NSTU Local presidents, provincial executive members and members with an update on the NSTU Pension Plan, including changes, structure, and valuation; an overview of the longevity of the plan; information on the new Nova Scotia Teachers' Pension Plan (TPP) and My Retirement Plan websites and Financial Literacy Investing in Conjunction with TPP.



Shown (left to right) are members of NSTU's Pension Committee with NSTU president Liette Doucet and guest speakers Doug Moodie and Kim Blinn: Anna Mae Muise (Cape Breton District Local), Bev Roy (Kings Local); Moodie and Blinn; Paul MacLean (Richmond Local); Doucet; committee chair David Kokocki (Lunenburg Local); and Gary Archibald (RTO Representative). Missing: Mary Alice Ali (Pictou Local); Ryan Lutes (Halifax City Local); provincial executive liaison Tim MacLeod; and NSTU Staff Liaison Kyle Marryatt.



Doug Moodie, Interim president and CEO at the Nova Scotia Pension Services Corporation presents to delegates at NSTU's Pension Symposium about the longevity of Nova Scotia's Teachers' Pension Plan (TPP).



Kim Blinn, Chief Pensions Officer from Nova Scotia Pension Services Corporation provides delegates to the Pension Symposium with an overview of the Nova Scotia TPP and My Retirement Plan websites.

# Reunited

AND IT FEELS SO GOOD



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The Delta Halifax is honoured to return as NSTU's contract hotel.

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### I'm Thinking of Retiring... What Happens To My Benefits When I Retire?

It is approaching the time of year when many teachers will begin to consider or may have already decided to retire from the teaching profession at the end of this school year.

The NSTU Group Insurance Trustees want to ensure that you are aware of exactly what occurs at retirement with respect to your NSTU Group Insurance Program coverages.

Listed below is a summary of the coverages that are available to Retired Teachers under the age of 65 and any cost sharing that may be available to you. Also, we have listed a few important items to remember as you consider the coverage you will have at retirement.

There is a considerable amount of information listed below. Once you have read, you will be able to answer the question, "What Happens To My Benefits When I Retire?"

PLAN	RETIRING UNDER	<b>AGE 65</b>

**Total Care Medical** 

Total Care Medical continues. Premium is paid 100% by the Province of Nova Scotia, APSEA, or Community College for a Single or Family Plan for Retired Teachers in receipt of a N.S. Teacher's Pension cheque or a Public Service Superannuation Pension (PSSP).

You must apply for coverage within 60 days of receipt of your first pension cheque. A form is included in the

package from the Nova Scotia Pension Services Corporation. **Total Care Dental** 

Total Care Dental continues if enrolled at the date of your retirement. **Premium is paid 100% by you** and is deducted monthly from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP.

**Provincial Master Life** \$50,000 \$50,000 & Accidental Death & Dismemberment

\$2,000 Critical Illness for member \$3,000 Dependent Life – Spouse \$1,500 Dependent Life – Children

AD&D

Coverage may be continued. Premium is paid 100% by you and is deducted from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP.

\$30,000 to \$300,000 **Optional Life Insurance/** 

**Spousal Life Insurance** Premium is paid 100% by you and is deducted from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP. Effective October 1, 2014, you or your eligible spouse can apply for or increase coverage as a retiree up to age 65 by submitting medical evidence of insurability.

\$5,000 to \$300,000 **Voluntary Accidental Death** & Dismemberment

Premium is paid 100% by you and is deducted from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP. You can only continue the coverage in effect prior to retirement.

Available to all Members. Premium is based on age and is deducted from your N.S. Teacher's Pension cheque **NSTU MEDOC®** Group Travel Plan or your bank account if receiving a PSSP. Pre-existing conditions apply.

**NSTU MEDOC®** Trip Cancellation Available to all Members. Premium is based on age and is deducted from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP. Pre-existing conditions apply.

> Available to all members under age 75 up to \$300,000 of coverage. Coverage is also available for your spouse and eligible dependent children. Premium is paid 100% by you and is based on age. You may apply at any time. Pre-existing conditions apply.

Available to all active members and is sponsored by the NSTU Group Insurance Trust Fund. /Family Resilience Employee **Assistance Program** This program is not available to retired members.

Available to all active and retired members and is sponsored by the NSTU Group Insurance Trust Fund. This **CAREpath Cancer Assistance Program** 

coverage continues after retirement with no termination age.

Available to all active and retired members and is sponsored by the NSTU Group Insurance Trust Fund. This

Seniors' Care Assistance Program coverage continues after retirement with no termination age.

Available to all active and retired members enrolled in the Total Care Medical plan. This **MHCSI Supplemental Prescription Drug Benefit** program provides a benefit of \$2 per prescription filled at an eligible Lawtons / Sobeys pharmacy. For active

members and retirees under age 65, the Total Care Medical \$5.00 co-pay per prescription is reduced to \$3.00 per prescription. This benefit provides a reduction to the prescription drug co-pay. Members also receive a

Lawtons Discount Card.

Coverage continues. Premium is deducted from your N.S. Teacher's Pension cheque or your bank account if Home / Auto

receiving a PSSP.

Nova Scotia Teachers Plus Credit Union The requested amount will be deducted from your N.S. Teacher's Pension cheque or your bank account if receiving a PSSP.

#### **IMPORTANT THINGS TO REMEMBER**

#### **Provincial Master Life:**

/ Interruption Plan **Voluntary Critical Illness** 

Coverage reduces to \$10,000 at age 65, however, you can convert the terminated coverage to an individual policy of insurance.

#### **Optional Life:**

Effective October 1, 2014, retirees under the age of 65 and their eligible spouse under 65 may apply for Optional Life / Spousal Life Insurance by submitting medical evidence of insurability. At age 70, the benefit will reduce to a maximum of \$50,000. Anyone who has less than \$50,000 of coverage will continue with the lesser amount. Coverage cancels at the end of the month of your 85th birthday.

#### Voluntary Accidental Death & Dismemberment:

Members can enroll or increase coverage only while you are actively teaching. Coverage ceases at age 75. If you wish to enroll or increase coverage before retirement, make sure you start the process before the end of May, as you must be actively at work on the effective date. Coverage decreases at age 70 to \$100,000 and there is no Permanent Total Disability, Home-Maker Weekly Indemnity or Hospital Indemnity coverage.

#### **Total Care Medical:**

Members must remember to enroll within 60 days of the receipt of your first pension cheque if you are currently enrolled. Prescription drug coverage under the Total Care Medical program ceases the end of the month prior to you turning age 65. Coverage under the Nova Scotia Seniors' Pharmacare program commences the first of the month that you become age 65. Therefore, there will be no lapse in prescription drug coverage.

#### Total Care Dental:

Total Care Dental coverage may be continued into retirement and there is no termination age. Members must be enrolled in the Total Care Dental program prior to retiring

For members who have deferred their pension and have not continued their Group Insurance coverage, these members have 60 days from receipt of their first N.S. Teacher's Pension cheque or Public Service Superannuation Pension cheque to enroll in the **Iotal Care Medical and Dental Plans** 

#### CAREpath – the Cancer Assistance Program:

This program is sponsored by the NSTU Group Insurance Trust Fund for all active and retired members permanently residing in Canada. CAREpath provides assistance and support to active and retired members, spouses, and dependent children who suspect having cancer or have a diagnosis of cancer.

#### Seniors' Care Assistance Program:

This program was introduced on January 1, 2016 and is sponsored by the NSTU Group Insurance Trust Fund for all active and retired members. This program is the only service in Canada that connects members, immediate family, and parents to a Registered Nurse who specializes in senior care assistance.

#### **Summary:**

There are many issues to consider as you move toward retirement. As well, there are many benefits available to you to continue through retirement to make your life a bit easier.

The Trustees encourage members to ensure that you consider your insurance needs prior to retirement to avoid any surprises after having finished your teaching career.

If you have any questions with respect to your NSTU Group Insurance coverage at retirement, please do not hesitate to contact the Administrator, Johnson Inc. at (902) 453-9543 or 1-800-453-9543 (toll-free).



#### **Northwest Territories Teachers' Association**

#### **Assistant Executive Director**

The Northwest Territories Teachers' Association (NWTTA) is a professional organization of approximately 800 teachers from three distinct bargaining units who work within the Northwest Territories' publicly funded school system.

With the support of five professional staff operating out of a central office located in Yellowknife, the NWTTA offers a broad range of services to its membership.

The Assistant Executive Director is a senior staff position that will provide executive support, expertise and resources to the President, Executive and Executive Director. Through a combination of training, expertise and/or qualifications, this person will have:

- Interest and expertise in the areas of labour relations, collective agreement interpretation, negotiations and professional development;
- Outstanding communication and problem-solving abilities;
- Proven track-record of leadership, teamwork and lifelong learning;
- Interest and/or involvement in the activities of a professional teacher organization, and
- Personal vigour and capacity to meet the demands of this position.

While not essential, eligibility for a NWT Teacher's Certificate would be an asset. This position offers a competitive salary, a full range of benefits, and an attractive summer vacation package.

If you wish to receive a job description, please send a request to <a href="mailto:hr@nwtta.nt.ca">hr@nwtta.nt.ca</a>

Application Deadline: May 19, 2017 at 5:00 pm

Submit applications through email to <a href="mailto:hr@nwtta.nt.ca">hr@nwtta.nt.ca</a> ensuring to include a cover letter, resume and contact details for three professional references.

More information about the NWTTA can be found at http://nwtta.nt.ca

Leadership with Integrity



# **Teaching and administrative opportunities** in the Nova Scotia International Programs

Experience a new culture while teaching the Nova Scotia curriculum, or bring your school leadership expertise to an exciting new learning environment.

Nova Scotia international programs in the People's Republic of China (grades 10-12) and the United Arab Emirates (grades P-12) offer competitive pay, annual return flights, apartment or living allowance, and paid holidays.

Recruitment is underway for positions commencing September 2017.

For a list of opportunities see:

www.internationalprograms.ednet.ns.ca





Johnson Insurance is a tradename of Johnson Inc., a licensed insurance intermediary ("Johnson"), and operates as Johnson Insurance Services in British Columbia. Home and auto policies are primarily underwritten by, and claims handled by, Unifund Assurance Company ("Unifund"). Unifund and Johnson share common ownership. Auto insurance not available in BC, SK or MB. An alternate plan is available in QC. Eligibility requirements, limitations, exclusions or additional costs may apply, and/or may vary by province or territory, Johnson Inc. provides administrative, consulting and/or claims administration/payment services. Insurance products are underwritten by various insurance providers. †NO PURCHASE NECESSARY. Open March 15 – December 31, 2017 to legal residents of Canada (excluding QC and Nunavut) who have reached the age of majority in their jurisdiction of residence and are a recognized group of the Sponsor (excluding ON college groups). One (1) grand prize available: \$15,000 travel voucher. Ten (10) secondary prizes available, each consisting of one (1) Canada-themed gift packs (Approx. value \$200 each). Odds of winning depend on the number of eligible entries received. Math skill test required. Rules: Johnson.ca/150rules. 0185.117

# coming events

Asthma Awareness Month-www.asthma. ca/; Celiac Awareness Month—www.celiac.ca; Speech and Hearing Awareness Month—www. canadianaudiology.ca; (ystic Fibrosis Awareness Month—www.cysticfibrosis.ca; Huntington Disease Awareness Month-www. buntingtonsociety.ca/; National MS Awareness Month-mssociety.ca; National Physiotherapy Month—www.physiotherapy. ca/; National Stroke Awareness Month-www. stroke.org; National Nursing Week (8-14)-www.cna-aiic.ca/en/events/; International Day Against Homophobia www.homophobiaday.org/; World Hypertension Day—ish-world.com/ public/world-hypertension-day. **htm**; World Autoimmune Arthritis Dayworldautoimmunearthritisday.org/; National Missing Children's Day-mcsc.ca/; National Multiple Births Awareness Day-www. multiplebirthscanada.org/; World No Tobacco Day—www.who.int/tobacco/ wntd/

#### **MAY 18**

#### World Outdoor Classroom Day 2017

World Outdoor Classroom Day is aiming to get as many children and teachers around the world as possible outdoors on Thursday, May 18. In 2016, 13,181 children in 199 Canadian schools took part and this year so far almost as many schools have signed up to take part and teach at least one lesson outdoors on the day. For more information visit: <a href="https://outdoorclassroomday.com/">https://www.projectdirt.com/about/</a>

#### **MAY 18 TO 21**

#### 2017 Canadian Conference on Environmental Learning and Education at Acadia University in May

The See Change Environmental Learning Conference will be held at Acadia University May 18 to 21. It is an incredible opportunity for teachers in our province to attend a national conference close to home. It includes inspiring presenters on sustainability and indigenous education, inquiry learning, waste reduction, and culturally relevant pedagogy. Keynotes include Dr. Robin Wall Kimmerer, the award winning author, indigenous educator and botanist, Dr. Boris Worm, marine biologist and oceans educator, A for Adventure, and MindShift, the high school student sustainability peer educators. The conference offers teachers a wide array of workshops integrating science education and discovery and outdoor learning, while accomplishing 21st century competencies such as communication and creativity.

In recognition and appreciation of the work of Nova Scotia teachers, the conference is offering a special rate for Nova Scotia teachers that provides a 10 per cent discount (\$290). This includes all meals and conference fees. Registration is filling up fast with a limit of 400. For more information and registration, visit www.eecom.org or connect on Facebook.

#### JUNE 1 TO 8

#### Canada Learning Code Week

An initiative of Canada Learning Code (CLC) is launching the first-ever Canada Learning Code Week from June 1 to 8. CLC is working with educators across

the country to help students celebrate Canada 150 by reimagining our past with the tools they will need for the future. During Learning Code Week more than 10,000 Canadians will be empowered with critical digital skills while learning and celebrating Canada's history and culture. Educators will be equipped with materials and training to deliver coding lessons that will bring great moments in Canadian history to life, digitally, through games, art, animations, and interactive stories. On July 1st, CLC will reveal a digital scrapbook collection of student projects that celebrate Canada's 150 years - reimagined, through the eyes of our youth – for all Canadians to enjoy.

For more information about how to get involved and sign up for updates visit canadalearningcode.ca/week/

#### **JUNE 18 AND 19**

#### NSPGI: Peter Gzowski Invitational Golf Tournament in support of Literacy Nova Scotia

The 2017 Nova Scotia Peter Gzowski Invitational is on June 18 and 19 at Bell Bay Golf Club in Baddeck. The PGI Golf Tournaments for Literacy was founded by the late Peter Gzowski of CBC Radio's *Morningside*. Starting from Peter's commitment in the late 1980s to raise \$1 million for literacy across Canada, Today there are PGIs for Literacy across Canada in every province and territory, and the generous supporters have raised more than \$13.9 million.

All of the monies raised by the PGI Golf Tournament are used, directly or indirectly, to support adult learners. On behalf of the nearly 4,500 adults in learning programs in Nova Scotia, we thank you for your contribution to the work of Literacy Nova Scotia. For more information and to register visit: http://www.nspgi.ca/

Note to NSTU members: You may be able to join an already-sponsored team, or seek corporate or organizational sponsorship to help alleviate the registration cost. Contact your NSTU Local to see if they have any funding opportunities available in support of literacy in Nova Scotia. For information about volunteer opportunities please contact Marie David at (902) 897-2444 or 1-800-255-5203 or <a href="mailto:literacyns@nscc.ca">literacyns@nscc.ca</a>.

#### JULY 20 TO 21

#### Mental Health Academy

The fifth Mental Health Academy will take place July 20 to 21 in Halifax at the Bella Rose Theatre at Halifax West High School for a two-day, professional development opportunity focusing on adolescent mental health, highlighting evidence-based research and programs. The signature TeenMentalHealth.Org event will feature dynamic leaders in the field of adolescent mental health. The keynotes and break-out sessions will cover the latest information on adolescent brain development, school staff self-care, what to do after a tragic death, Anxiety, Depression, Eating Disorders, ADHD and more. The Academy provides the knowledge, understanding and tools you need to better support students dealing with mental health challenges.

To find out more visit: https://www.mentalhealthacademy.ca/

# STUDENT \*VOTE\*

#### **Student Vote: The Future of our Democracy**

Are you getting your students involved in the election? You must. Our democracy depends on it.

No matter what party you support, or who you choose to vote for, there is no denying that elections matter.

Recent events around the world serve as an important reminder that democracy is fragile and cannot be taken for granted. A healthy and robust democracy demands an educated, informed and committed citizenry that understands the value of our political system, and how to act within it.

Here at CIVIX, we believe that the best way to guarantee an engaged electorate is to practice the habits of active and informed citizenship at an early age.

Since 2003, we have been offering the Student Vote program at federal, provincial and municipal levels across Canada to engage future voters.

Student Vote enables kids under the voting age to rehearse the responsibilities of their citizenship and have a political voice in the election. Students learn about government and the electoral process, engage in political discussion in school and at home, consume and analyze the news, interact with the candidates, develop critical thinking skills and much more.

The program culminates on Student Vote Day, where students cast an 'official' ballot on the local candidates running in their electoral district. Student Vote results are released through media on election night and published in newspapers following election day.

Teachers cherish the free materials that are provided to schools, including: activity resources, posters, electoral district maps, ballot boxes, voting screens and ballots.

An independent evaluation commissioned by Elections Canada found that Student Vote had a positive impact on student knowledge and understanding of politics and elections, on their interest and confidence in discussing politics and on their future voting intentions. The impact extends beyond students; the evaluation confirmed a trickle up effect among families. Approximately 28 per cent of parents attributed their own participation in the election to their kids and what they were learning about in school.

We hope you will join us for the provincial election and help strengthen the future of our democracy.

Teachers can register their school by visiting <u>www.studentvote.ca</u> or calling 1-866-488-8775.



# \*VOTE\* ÉTUDIANT

# resources



# **Teachers**

The Media Library is the place to go for all your curriculum video needs! We provide you with access to over 10,000 online videos to stream or download and have a collection of over 5,000 educational videos and DVDs that support grades P-12 in all subject areas of the Nova Scotia curriculum.

Everything is accessible from the EduPortal (https://edapps.ednet.ns.ca/ eduportal/) or visit our website directly at http://medialibrary.ednet.ns.ca to access these and other digital classroom resources!

#### Physically Active Lifestyles Videos from the Media Library

The following videos are available in DVD format for a limited time for only \$1.62 each. Visit us online at https://medialibrary.ednet.ns.ca/exercise-andfitness to order your copy or email us at mediadub@ednet.ns.ca.

#### Exercise for Life

Health 7-9; Physical Education

This video looks at why regular physical activity is so important, in terms of physical, social, emotional and intellectual health. This program examines the amount of exercise required per day, per week, and the different types of physical activities and organizations that individuals can participate in. (21 min.)

#### Fitness for Every Lifestyle

Health 10-12; Physical Education

Part of the Journey to Health series, this video relates the importance of fitness to one's quality of life and ability to cope with the demands of everyday living. It also demonstrates new techniques for encouraging the development of physical fitness early in life and explores the components of fitness and a fitness program. (29 min.)

#### Health: Begin the Journey

Health 10-12; Physical Education

Part of the Journey to Health series, this video offers the student fundamental theories for examining health issues facing the United States through the insight of the former Surgeon General. Introduces the concept of the relatedness of the mind, body and spirit in sustaining health. (29 min.)

#### Hip Hop: Dancing in your Chair

Health P-12; Physical Education

Here's exercise that's easy and fun, and no one has to leave their seat to get into it! An exciting, all-original soundtrack, innovative choreography and dynamic dancers deliver a rhythmic workout that energizes and inspires all ages and abilities. Try these one-minute activities to build strength, flexibility and endurance. Appropriate for all ages. (25 min.)

#### Playground Safety

Health P-2; Physical Education

Children learn that by acting properly on the playground equipment they will have more fun and reduce injuries. Children learn playground rules—using equipment for its designed purpose, taking turns, what to do when approached by strangers, and what to do if someone is injured. (15 min.)

#### Rainy Day PE

Health P-3; Physical Education

Features aerobics to music staying in personal space with "boogie" warm-ups featuring arm movements (clapping, stretching, circling, patty cake, and swimming), body movements (arms moving with hips, trunk twisting, neck twisting), and leg movements (marching, jumping, slow jogging, double jumps, grapevine step, celebration hand jive dance). Also features rhythm activity using lummi sticks to music. (26 min.)

#### Rainy Day Recess (primary)

Health P-3; Physical Education

Enjoy the perfect indoor recess. This exercise program is designed especially for the recess break. This creative workout is divided into three equal parts—"Alphabet Boogie" warmup, "Recess Rumble" aerobic workout, and "Follow the Leader" cool down. Features rhythmic activities utilizing all muscle groups. These easy-to-use routines are designed to be performed at students' desks. (11 min.)

#### Rainy Day Recess (intermediate)

Health 3-5; Physical Education

Maximize classroom space and have fun with this invigorating program. Students will look forward to bad weather once they've experienced the Geography Jam and other new moves. Get heart rates up to refresh students and prepare them for more learning.

In addition to our lending and duplication collections, the Media Library also has videos that can be downloaded or streamed. Please log into the EduPortal and click on the link for "Online Video Library/Learn 360" to access these digital titles.

# executive highlights

#### **April 6, 2017**

- Filed the Table Officers Report;
- Selected members for the John Huntley Memorial Internship Program;
- Approved the granting of sixteen (16) Local Service Awards at Annual Council 2017;
- Approved a recommendation that NSTU staff provide a detailed timeline to the Provincial Executive regarding the departure of National as our PR firm. This timeline would include exact dates of communications between National and staff outlining when the PR firm left our employ and when information was communicated to the PE;
- Approved the 2017-2020 Provincial Executive dates:
- Selected Provincial Executive Liaisons for the Governance & Property Committee and the Public Relations/ Public Affairs Committee;
- Approved a recommendation that the Leadership Proposal with the addition of RRC Chairs and outgoing Provincial Executive members be approved;
- Approved a recommendation that the Delta Halifax be the venue for the 2017 Leadership Conference;
- Selected Community College members to serve on the Classification Advisory & Appeals Committee;

- Approved a recommendation that the hotel for Annual Council 2019 be the Delta Halifax/Delta Barrington;
- Approved a recommendation that the Provincial Executive request staff to review and revise as appropriate, the NSTU Labour Education Program (1998), and ask to have Locals and Professional Associations made more aware of this updated resource;
- Approved a recommendation that the NSTU purchase flags with our logo on them to use at rallies and parades;
- Approved a recommendation that a listsery be created to include the Provincial Executive, Local Presidents and RRC Chairs. This listsery would be separate for the Executive and Leadership listservs currently in
- Approved a recommendation that up to two additional meetings for the Public Affairs/Public Relations Committee for the 2016-2017 year;
- Amended Operational Procedures 30. Benevolent Fund (b);
- Approved a recommendation that the Nova Scotia Teachers Union Life Member Award be presented to Shelley Morse at Annual Council 2017;
- Approved a recommendation that the Nova Scotia Teachers Union Special Award be presented to Rachel Creasor at Annual Council 2017.

For advertising information in **The Teacher**,

# 1-800-565-6788 or email theteacher@nstu.ca





We can offer you an enriching professional and cultural experience teaching in China. Since 1997, more than 500 educators have been hired through partnership agreements between AEI, the New Brunswick Department of Education and Early Childhood Development and our international partners.



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#### Benefits of teaching at a **New Brunswick affiliated** school

- Competitive salary
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- 2 year contract
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Classified rates are \$2.00 for the first 15 words and 25¢ per additional word upon presentation of a professional or NSCC Employee number.

Non-members pay \$6.00 for the first 15 words and 25¢ per additional word.

To book, call Christa Blackmore at 1-800-565-6788 or email theteacher@nstu.ca

JOB SHARE – Looking to work a 4 day work week? Experienced high school Visual Art Specialist, Global Geo, HHS12, would like to work 1 day/week 2017/18 school year. Contact morgans@hrsb.ca

**LOOKING FOR UP TO 20% JOB SHARE** – Experienced resource / Icteacher to share in the HRSB with permanent teacher. 2017-2018. *agiovannetti@hrsb.c*a

**SUMMER RENTAL** – Two bdrm apt. in Dartmouth overlooking harbour, walking distance to amenities, bridge and downtown. *agiovannetti@hrsb.ca* 

**TEACHER EXCHANGE** – Permanent elementary teacher with SRSB interested in exchange with permanent teacher from CCRSB for 2017-2018 school year. Possible permanent exchange desired. If interested contact: **maria.gough@srsb.ca** 

**LOOKING TO JOB SHARE** — Looking for a 50% (or close to 50%) guidance job share in HRSB for 2017-18. Please contact Charles Sutton at *csutton75@icloud.com*.

HOUSE SITTER AVAILABLE — Retired French teacher in Halifax, now Executive Business Consultant, currently seeks long term house sitting services. Clean, responsible, professional, non-smoker with a 6 yr old, hypo-allergenic, toy cockapoo. please contact Kim — kim@pmconsulting.ca

**SEASIDE SUMMER RENTAL** — private beach access just steps from your door; a small cabin with a big ocean view and all the amenities. Located near Margaree Harbour, Cape Breton. Available July 15th to August 5th. Weekly minimum. Contact: *helligonian@yahoo.ca* for pictures & datails

# myresilience.com



#### **Resilience®**

EFAP/Employee and Family Assistance Program offered by the NSTU Group Insurance Trustees

#### **Counselling Services**

Stress

Marital /Family
Separation/Divorce/Custody issues
Alcohol and Drug Abuse
and more.....

#### **Plan Smart and Career Smart Services**

Childcare, Elder, and Family Care Services Legal and Financial Advisory Services Nutritional Support 12 Weeks to Wellness and more....

#### **Depression Care Services**

 $Provides\ assistance\ for\ individuals\ suffering\ from\ certain\ types\ of\ depression$ 

#### **Wellness Sessions**

One hour group wellness sessions for 10 to 35 members. (Contact NSTU Liaison Officer for Trustees)

# Access is Easy! 1-877-955-NSTU (6788)

Call collect if outside of Canada 1-604-689-1717

Pour service en français, appelez à frais virés au 1-514-875-0720

On-line access at: www.myresilience.com

# The John Huntley Memorial Internship Program

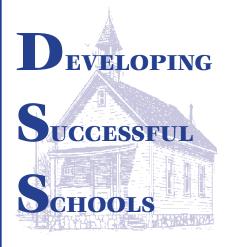
The deadlines for application for the John Huntley Memorial Internship Program for the 2017-2018 school year are

September 1, November 1, February 1 and April 1.

Applications for active NSTU members are available through your NSTU rep, on the NSTU website at www.nstu.ca or at Central Office 477-5621 or 1-800-565-6788.

The internship provides members with an opportunity to learn more about the NSTU.

#### **Nova Scotia Teachers Union**



## **Fostering Collective Efficacy**

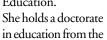
Mount Allison University Sackville, NB

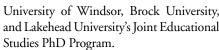
July 4-7, 2017

An Instructional Leadership Institute

# Institute Resource Person JENNI DONOHOO

Jenni Donohoo is currently seconded to the Curriculum and Assessment Policy Branch in the Ontario Ministry of Education.





Jenni has authored three books Collaborative Inquiry for Educators, The Transformative Power of Collaborative Inquiry: Realizing Change in Schools and Classrooms and Collective Efficacy: How Educators' Beliefs Impact Student Learning.

Sponsored by:

New Brunswick Department of Education and Early
Childhood Development
New Brunswick Teachers' Association
Prince Edward Island Teachers' Federation
Nova Scotia Teachers Union
Newfoundland and Labrador Teachers' Association

This Institute is intended for School/District and other educational administrators from Atlantic Canada. A limited number of participants will be accepted. Educators who are members of the sponsoring organizations - registration fee is \$300. All others \$400. (Preference will be given to members of the sponsoring organizations.) All participants must pre-register. Registration Deadline is May 1, 2017.

## For Nova Scotia registration information, contact: JAMES KING

Nova Scotia Teachers Union 3106 Joseph Howe Drive, Halifax, N.S. B3L 4L7 Ph: 902-477-5621 / 1-800-565-6788 (toll-free in N.S.) Email: jking@staff.nstu.ca



#### The Artisan Teacher Conference

August 8 and 9, 2017



#### **Atlantica Oak Island Resort & Conference Centre**

(formerly Oak Island Inn)
36 Treasure Drive
Western Shore, Nova Scotia
BOJ 3M0

1-800-565-5075 Register at www.nselc.ca



#### THE ASPIRING LEADERS PROGRAM

This professional learning opportunity is to support teachers who aspire to become school based administrators. The Aspiring Leaders Program extends over 14 months and **begins August 2017**. The program includes two summer institutes and seven Friday/Saturday seminars. An eight day residency program is integrated throughout the program.

Applications are now being accepted for the 2017-18 Cohort of this exciting program being offered by The Educational Leadership Consortium of Nova Scotia (NSELC) in partnership with The Department of Education and Early Childhood Development.

For more information on the program visit the **Aspiring Leaders Program webpage** at <a href="www.nselc.ca">www.nselc.ca</a> or contact Terry Wadden,
Executive Director, Educational Leadership Consortium of Nova
Scotia (NSELC) at <a href="twadden@nselc.ca">twadden@nselc.ca</a> or 902-478-4768

<u>Application Process</u>: Applications are made available through participating School Board websites. Selections will be based on identified criteria and an interview by a panel of Board personnel.