



# NSTU looking to continued collaboration with Houston government

The Nova Scotia Teachers Union passed along congratulations to Premier Tim Houston following the November 26th provincial election.

Despite ongoing challenges facing public schools across the province, NSTU President Peter Day is encouraged by the government's willingness to work with the Union to improve the public education system for students and teachers.

"School violence and the ongoing teacher shortage need to be addressed and the establishment of the Safe and Inclusive Schools Leadership and Teacher Recruitment and Retention Committees, along with the cell phone policy, increased number of school counsellors and ongoing work on the school code of conduct are steps in the right direction," says Day.

While a non-partisan union, the NSTU strongly encourages members to engage in the electoral process. Day says he was heartened

to see many current and former teachers put their names forward as candidates in this election for all three major parties.

"Teachers are fiercely dedicated to the communities they serve and it's no surprise to see them running for office. They all ran very positive campaigns, and regardless of the outcome, should be proud of what they accomplished."

Two NSTU past presidents ran during the provincial election. Paul Wozney won the NDP seat for Sackville-Cobequid, and Ryan Lutes ran for the NDP in the riding of Bedford Basin. Former provincial executive member John White was re-elected in the riding of Glace Bay-Dominion along with former high school teacher Tim Hallman who was re-elected in Dartmouth East, and Kyle McQuarrie (a middle school teacher who most recently taught at the Chester Area Middle School) won the Inverness seat as a PC.

## NSTU's 2024 Holiday message features Rankin School of the Narrows

The NSTU filmed its annual holiday greeting on November 19th at Rankin School of the Narrows in Iona, Cape Breton. Students, teachers, staff along with NSTU President Peter Day participated in the day-long shoot. The entire student body is featured bringing Season's Greetings, including Grade 4/5 students who helped the

President bring greetings in Gaelic, Mi'kmaq and French. Grade 6 to 8 students in the strings program performed Jingle Bells, and Grades P to 12 students are shown drumming.

"The energy and excitement from both students and staff were infectious, and I am truly grateful for their participation in making this initiative a success," says NSTU president Peter Day. "Their enthusiasm

*Continued on page 3*



*The NSTU president is shown with Rankin's string students.*

**Holiday Hours**

**Nova Scotia Teachers Union**  
Closed from December 23, 2024 to January 1, 2025

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**Johnson Inc.**  
Open Tuesday, December 24 (till 1:00 pm), Friday, December 27 (regular hours),  
Monday, December 30 (regular hours), and Tuesday, December 31, 2024 (till 1:00 pm)  
Closed Wednesday, December 25, and Thursday, December 26, 2024  
Reopens Thursday, January 2, 2025

# people

## Staff Announcement

### NSTU appoints IT Systems Administrator

The NSTU congratulates Brad McIsaac as the newest member of NSTU’s Professional Services staff and a new position as IT Systems Administrator, effective October 1, 2024. This position was created because of the NSTU’s recent IT review. In this position he will implement, troubleshoot, analyze, maintain and update NSTU’s information technology including, network infrastructure and security, hardware, software and cloud applications. Brad will also coordinate with third party web development and programming providers, participate in the development and implementation of policies and procedures related to IT, and act as a liaison with NSTU’s Coordinator of Technology, Simon Wilkin, on all IT procurement.

Brad began working for the NSTU as its IT Administrator on January 29, 2018, in which he provided one-on-one troubleshooting and IT problem solving for NSTU staff, leaders

and members.

Prior to joining the NSTU, his accomplished IT career of almost 30 years included working in the nation’s capital as a senior business analyst with Department of Justice Canada and a system administrator for Nortel Networks. He was also system administrator consultant with CGI and service engineer with AvePoint, a software development company. He holds a diploma in Information Technology from Willis College of Business and Technology.



## PD Committee

NSTU’s Professional Development Committee met on November 8 in advance of the biennial PD Conference, which took place on November 8 & 9. Among other things, this committee: supports and develops strategies and programs to promote professional development for NSTU members; provides advice to the Provincial Executive on professional development matters; liaises with Local Professional Development Committees for support; and administers funding programs— NSTU Full Time Study and Out-of-Province Study Grants, and Travel Fellowship, and the Educational Research Award Program.

*Shown left to right: Executive staff liaison Amanda O’Regan-Marchand, provincial executive liaison Janet O’Brien, Deidra Peverill (Halifax County), committee chair Jennifer Moriarty, (Halifax County), Sarah Baldwin-Penny (Queens), NSTU president Peter Day, and Marilyn MacDougall (Northside-Victoria). Missing: Bernice Cameron (Pictou) and Lauren Slaunwhite (Kings).*





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Submission deadlines for 2024-2025:

ISSUE	DEADLINE
September	August 30
October	October 11
<b>December</b>	<b>November 29</b>
Jan/Feb	January 24
March	February 28
April	April 11
May	May 9
June	June 13

The opinions expressed in stories or articles do not necessarily reflect opinions or policy of the Nova Scotia Teachers Union, its staff or elected provincial representatives. We welcome your comments and suggestions: [1-800-565-6788](tel:1-800-565-6788) or email [theteacher@nstu.ca](mailto:theteacher@nstu.ca). © Nova Scotia Teachers Union 2024

*continued from page 1*

reminded me of the incredible community spirit that is alive and well in our schools.”

Day sends a special thanks to Northside-Victoria Local president Dave Currie, principal Angela Currie-Simms, and teachers Meaghan O’Handley and Samantha MacKinnon for all their assistance in creating the annual Holiday Message as well as to all the students, teachers and school staff involved.

“Our message focuses on using the holiday season, and the ideals it brings to share some goodwill with those in need,” he continues.

This 30-second greeting will be broadcast on television, shown on Connected TV, digital platforms and social media from December 15 to 31. To watch NSTU’s 2024 Holiday Greeting, including a longer version of the spot, go to NSTU’s YouTube station at: [youtube.com/NSTUwebcast](https://youtube.com/NSTUwebcast)



*Shown are teachers from Rankin School of the Narrows (l-r): Northside-Victoria Local president Dave Currie who teaches Grades 2 to 5 English Language Arts and Integrated Subjects; Samantha McKinnon a Grades 4 to 9 Core Gaelic and Grade 6 English Language Arts teacher; Northside-Victoria Local’s VP of Public Affairs Dawn MacDonald-Gillis, a Grade Primary to Grade 5 math teacher; and Meaghan O’Handley who teaches Music P-9, Gaelic 10-12, Strings Program, and Gaelic Studies 11. Fun fact: Dawn taught both Meaghan and Samantha Gaelic, when they were in high school and now they are both Gaelic language teachers.*



*Peter Day is shown with Rankin School staff and students.*

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# From the NSTU President



## Rest, Recharge, and Connect

As the holiday season approaches, I want to take a moment to reflect on the incredible work and dedication of NSTU members across the province.

Recently, I had the pleasure of visiting Rankin School of the Narrows in Iona to film NSTU's holiday message. The energy and excitement from both students and staff were infectious, and I am truly grateful for their participation in making this initiative a success. Their enthusiasm reminded me of the incredible community spirit that is alive and well in our schools.

I've also had the privilege of attending several retraining retreats over the past few months. These events are the result of extensive planning and effort by our Local executives, and their impact is profound. The training provides NSTU school reps with the tools and knowledge they need to effectively support their colleagues, advocate for their schools, and navigate their responsibilities with confidence.

These retreats also serve as an important forum for members to share their concerns with colleagues about the issues they are facing in their schools. For me, hearing these first-hand accounts has been invaluable. They provide critical insight into the challenges you encounter and help guide the NSTU's work in advocating for meaningful change. To the NSTU school reps who volunteer their weekends to attend these sessions—thank you. Your dedication to this important role is a testament to your commitment to your fellow members.

As we prepare to step into the holiday season, I encourage everyone to take the time to rest, recharge, and connect with the people who mean the most to you. Whether it's quiet moments with loved ones or simply taking a breath away from the busyness of our work, these opportunities to pause and reflect are essential.

Thank you for everything you do, day in and day out, to support your students, colleagues, and communities. Wishing you all a peaceful, joyous holiday season and a bright start to the new year.

In solidarity,

Peter Day  
President, Nova Scotia Teachers Union

## Profitez des Fêtes pour vous reposer, refaire le plein d'énergie et passer du temps avec vos proches

À l'approche de la période des Fêtes, j'aimerais prendre un moment pour souligner le travail exceptionnel et le dévouement des membres du NSTU dans l'ensemble de la province.

Récemment, j'ai eu le plaisir de me rendre à la Rankin School of the Narrows à Iona pour filmer le message des Fêtes du NSTU. L'énergie et l'enthousiasme des élèves et des membres du personnel étaient contagieux, et je leur suis sincèrement reconnaissant d'avoir fait de cette initiative un succès. Ils m'ont rappelé à quel point l'esprit de communauté est vivant dans nos écoles.

J'ai également eu le privilège d'assister à plusieurs séminaires de formation des représentants au cours des derniers mois. Ces événements sont le fruit d'une longue planification et de beaucoup d'efforts de la part des dirigeants de nos sections locales, et leur incidence est grande. La formation offre aux représentants scolaires du NSTU les outils et les connaissances nécessaires pour aider efficacement leurs collègues, défendre les intérêts de leurs écoles et assumer leurs responsabilités en toute confiance.

Ces séminaires constituent aussi une tribune importante permettant aux membres de faire part à leurs collègues de leurs préoccupations quant aux problèmes qu'ils rencontrent dans leurs écoles. Ces témoignages ont été, selon moi, d'une valeur inestimable. Ils permettent de mieux comprendre les défis que vous rencontrez et d'orienter le travail du NSTU en faveur d'un véritable changement. Merci aux représentants scolaires du NSTU qui consacrent bénévolement leurs fins de semaine à participer à ces séances. Votre dévouement pour cet important rôle est la preuve de votre engagement à l'égard de vos collègues.

À la veille des Fêtes, je vous encourage tous à prendre le temps de bien vous reposer, de refaire le plein d'énergie et de vous retrouver avec les personnes qui comptent le plus pour vous. Que ce soit pour passer des moments de tranquillité avec vos proches ou simplement pour souffler un peu, loin de l'agitation de notre travail, ces occasions de faire une pause et de réfléchir sont indispensables.

Je vous remercie pour tout ce que vous faites, jour après jour, pour soutenir vos élèves, vos collègues et vos collectivités. Je vous souhaite à tous de passer de joyeuses et paisibles Fêtes et de bien commencer la nouvelle année.

Solidairement,

Peter Day  
Président, Nova Scotia Teachers Union



The Meaning of Home is an annual writing contest for students in Grades 4, 5 and 6 that invites students across Canada to submit a poem or essay explaining what home means to them in support of Habitat for Humanity Canada.



## Why get involved?



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## Contest timeline\*

	Teacher sign-up	OCTOBER
	Contest opens	JANUARY
	Contest closes	FEBRUARY
	Judging period	MARCH-APRIL
	Winners announced	MAY-JUNE

\*Check [meaningofhome.ca](http://meaningofhome.ca) for specific contest timeline dates.

## Thank you to our sponsors

Visit [meaningofhome.ca/page/sponsors](http://meaningofhome.ca/page/sponsors) to see this years' sponsors.

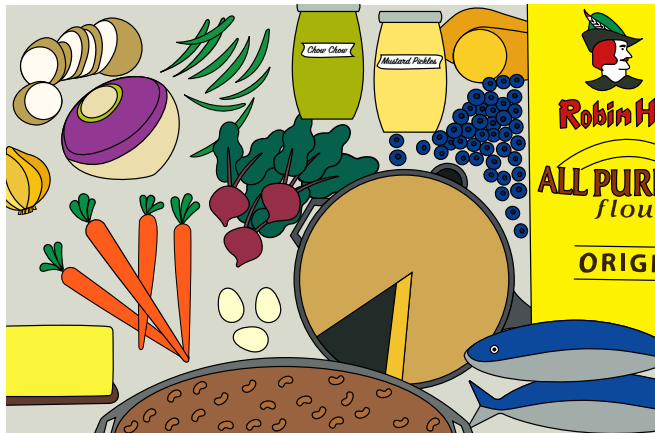
For complete contest rules see [meaningofhome.ca/rules](http://meaningofhome.ca/rules).



# Universal School Food programs must think locally

By Wendie Wilson, Executive Staff Officer, BIPOC Advocacy and Engagement

School food is officially part of the school day for many Nova Scotian children. With the onset of the new universal school lunch program, there have been ups and downs. A universal school food program is a significant undertaking, involving the same lunch options on a rotating basis for all students each day. How do you satisfy everyone with the same meal, prepared using the same recipe (with ingredient substitutions), served on the same day, in different containers, made by various vendors across the province? You don't. Managing all of this is a feat in and of itself.



*Drawing by Wendie Wilson*

Over the next couple of years, the universal school food program will be informed by trial and error. Few solutions can be uniformly applied to all people without considering the unique contexts and stories within each community. School lunches are no exception. Ideally, the program will ultimately grow with these contexts in mind and hopefully allow communities to decide what to feed their students.

Communities should have the autonomy to create menus that best serve their needs based on criteria that promotes healthy and sustainable food. Communities should also have opportunity to benefit economically from the food they consume. One way to achieve this is by prioritizing local food. Using locally sourced food for school meals has several advantages. Strengthening local food systems can grow the local economy and potentially increase the income of community members.

One of the driving forces behind advocating for a universal school food program is the increasing rate of food insecurity among children across Canada. While food alone cannot solve food

insecurity, increasing the income of those affected is more likely to address issues of affordability and access to healthy, culturally-appropriate foods. Most people prefer to feed themselves rather than rely on charitable programs. This is why it is essential for local communities to benefit economically from the food they consume. A stronger local economy means stronger families and communities.

There is a stark disparity in how food insecurity affects children across Canada. Black and Indigenous families are disproportionately impacted. Currently, 46.3 per cent of Black children in Canada experience food insecurity, the highest rate recorded in the country, and this number has risen over the past two years. As a classroom teacher for 20 years, I witnessed the profound effects of food insecurity on students' ability to reach their full learning potential during the school day.

For Black and Indigenous children who experience the highest rates of food insecurity, economic solutions must play a role in achieving food autonomy and sovereignty. One way to empower these communities is by prioritizing Black and Indigenous-owned food businesses and services in school food procurement. Imagine the impact if those most affected by food insecurity were given opportunities to strengthen their economic stability through school food programs and related initiatives. Control over one's food can enhance the overall health, education, and social welfare of a community.

All children have the right to healthy, affordable, accessible, and culturally relevant food. Such a model should recognize and support their autonomy, empower their communities, and place control and decision-making back into the hands of the people most affected.

*"To free ourselves, we must feed ourselves."*

Farming while Black

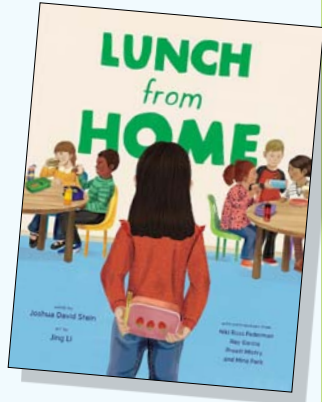
*Wendie Wilson sits on the Nova Scotia Steering committee of the Coalition for Healthy School Food (CHSF) and is co-founder of CHSF's Black School Food National Group. She is part of the African Nova Scotian & Black Advisory group for HRM's JustFOOD Action Plan, and Co-founder of the Pan-Canadian African Food Sovereignty Network. She sits on the Food Secure Canada Board of Directors including its Indigenous & Black Advisory Circle*

# pathways

FOR PROFESSIONAL LEARNING

Email your name, home address, and the name of your school with PL in the subject line to [theteacher@nstu.ca](mailto:theteacher@nstu.ca) by January 30, 2025, to be eligible for the draw.

**Lunch from Home**  
 Words by Joshua David Stein  
 Art by Jin Li  
 Published by: Penguin  
 Random House



In a classroom of sandwiches, four students stand out with their homemade, culturally-specific lunches. Before they can dig in and enjoy their favorite foods, their lunches are spoiled by negative reactions from their classmates. Follow the students as they learn to cope with their first “lunch box moments” in this picture book that encourages empathy and inspires all readers to stand up for their food. Inspired by the “lunch box moments” of four acclaimed chefs, Ray Garcia, Preeti Mistry, Mina Park, and Niki Russ Federman, this heartwarming story reminds us all that one’s food is a reflection of self and an authentic celebration of culture.

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\*The rates quoted above are net non-commissionable and do not include the current 3% Halifax Regional Municipality Marketing Levy nor 15% HST. In high occupancy periods, a multiple night booking may be required.

\*Please note that only one room per NSTU member can be booked per night which includes one NSTU parking pass.

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\*NSTU23\* – Rate code under ‘Rate Access/Corporate Code’

# NSTU Research Repository

The NSTU is in the process of establishing a repository of academic research in education, comprising the accomplished thesis work of our members.

Have you completed a thesis in educational research? Willing to share your results to inform members’ practice and understanding of public education in Nova Scotia? We would like to celebrate and promote your good work through our repository of academic research in education by NSTU members.



Members should contact our Professional Learning department via

[appl@nstu.ca](mailto:appl@nstu.ca)



## Making the most of your Holiday break

As we get ready to take a much-deserved pause, your team here at the NSTU would like to share some ideas to make the most of your time during your break.

In this edition's giveaway for *The Well Teacher, The 'How' of Self-Care for Teachers: Building your Wellbeing Toolbox*, the teacher author, [Narelle Lemon](#), offers her own experience to help teachers build practical tools, "through reflective prompts, as well as opportunities for extension with tips for leaders, working groups and the education sector more broadly." Supporting wellbeing literacy, Lemon's approach offers support in the following components:

- **Self-compassion:** Being gentle with ourselves and turning the support we so readily give others inwards is crucial, but not easy. As helpers, teachers are so ready to extend a hand outwards and often find themselves coming in last. This resource offers teachers opportunity to explore new possibilities and to engage in reflection about how different strategies are working. Time away from work may allow you to carve out some time to try.
- **Mindful awareness:** Mindfulness is the practice of being in the moment, while developing the ability to suspend judgement, and notice and create distance between the person, the circumstance and the emotion.
- **Habits:** in addition to the ideas above, the last *The Well Teacher* column focused on the process of

developing habits based on James Clear's Atomic Habits. Starting small with a few ideas can help us to be successful. Perhaps, you can choose to start one or two small habits just for you during holiday break.

- **Time:** Time is our most precious commodity. It's very easy for time to get away from us. Starting small with one or two ideas/strategies/techniques might help time stay with us longer.
- **Empowerment:** Empowerment can come from different sources and can grow through continued practice and commitment. A feeling of being capable and successful can have such far-reaching, positive impacts on our well-being literacy. Taking new habits and sense of empowerment into the new calendar year, can help to shift our perspective and our ability to meet and overcome challenges. Working from a strengths-based and growth-focused mindset can further support our efforts in making change.

Along with these ideas, Lemon also writes about the concept of giving ourselves permission to work on these strategies and tools. Permission and time go hand in hand in terms of carving opportunity to work towards improving your well-being.

In this season of trying recipes and continuing traditions, why not include your wellness. Choose a starting point and move in small but noticeable steps towards your goals, and add to your toolbox.





Email your name, home address, and the name of your school with **EQUITY FRENCH** in the subject line to [theteacher@nstu.ca](mailto:theteacher@nstu.ca) by January 30, 2025, to be eligible for the draw.

**L'autocompassion sans compromis**

Par Kristen Neff

Publié par Saint Jean

Dans *L'autocompassion sans compromise*, *Les clés pour s'affirmer, s'imposer et s'épanouir*, Kristin Neff invite les femmes à reléguer aux oubliettes la recherche effrénée d'amour et de reconnaissance, à dire adieu à l'autoflagellation mentale et à la maudite culpabilité, à laisser derrière elles leurs souffrances inutiles, leurs peurs et leurs silences, puis à se libérer enfin de la domination masculine.



the **well** teacher

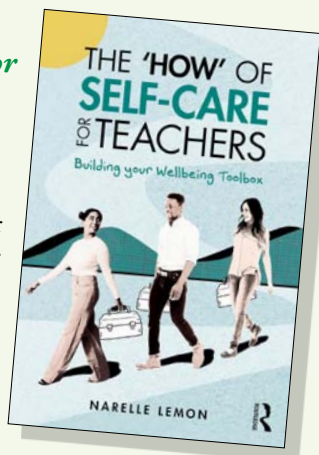
Email your name, home address, and the name of your school with **WELL TEACHER** in the subject line to [theteacher@nstu.ca](mailto:theteacher@nstu.ca) by January 30, 2025, to be eligible for the draw.

**The How of Self Care for Teachers**

by Narelle Lemon

Published by: Routledge

Written by a teacher for teachers, *The How of Self Care for Teachers: Building Your Wellbeing Toolbox* gives you the tools and permission to look after yourself. Drawing on personal experiences of burnout, and research in wellbeing literacy, self-care and positive psychology, Narelle Lemon presents a new framework for self-care. Designed especially for teachers, the framework is based on five key dimensions: self-compassion, mindful awareness, habits, time, and empowerment.



**fresh**

Putting new members in the KNOW!

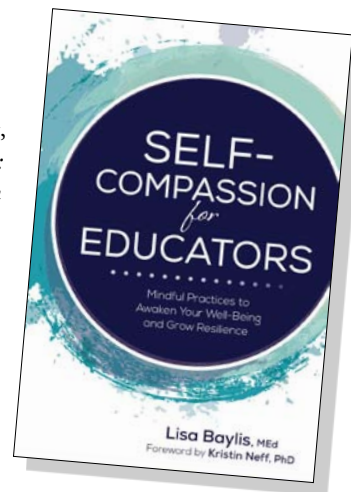
Email your name, home address, and the name of your school with **FRESH** in the subject line to [theteacher@nstu.ca](mailto:theteacher@nstu.ca) by January 30, 2025, to be eligible for the draw.

**Self-Compassion For Educators**

by Lisa Baylis, MEd

Foreward by Kristin Neff, PHD

Published by PESI publishing, *Self-Compassion For Educators: Mindful Practices to Awaken Your Well-Being and Grow Resilience* helps teachers build resiliency inside and outside the classroom. Written by fellow educator and mindful self-compassion expert, Lisa Baylis, this book provides simple, accessible, and easy-to-use practices to inspire and promote self-care for teachers.



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**EQUITY ENGLISH**

Pamela MacGillivray — CCRCE

**EQUITY FRENCH**

Kate Therien — CSAP

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*Grades 9-12 students at Yarmouth Consolidated Memorial High.*



*Grades P-5 students at Bras D'or Elementary School.*

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# Huntleys Fall 2024

This fall saw another six NSTU members participate in the John Huntley Memorial Internship Program on November 14 and 15, 2024. Each school year NSTU members are selected through applications to NSTU's Table Officers and approved by the provincial executive. These interns spend two days at Nova Scotia Teachers Union's Central office learning more about NSTU's programs and services. Selected participating members engage in sessions with NSTU staff, including the executive director, and the NSTU president. Staff from member services, professional development, public relations, the Member Assistance program, and NSTU administration including the financial officer participate in the program. Facilitated by the Professional Learning department this program continues to receive positive feedback from participating members. The next session is scheduled for March 20 and 21, 2025. Click here to apply: <https://nstu.ca/nstu-members/professional-development/grants-opportunities/john-huntley-internship>



*(l-r): Amber Corkum (Annapolis), a Grade 9 and 10 teacher at Bridgetown Regional Community School; Jennifer Bradley (Digby) who teaches math and science teacher at Digby Regional High School; Brandi Kozuch (Halifax County), a social studies teacher at Sackville High School; Michelle Pinaud (Northside-Victoria), a Grade 7 teacher at Dr. T.L. Sullivan School; Jennifer Barro Ralph (Dartmouth), a Grade 4/5 teacher at Hawthorne Elementary; Margaret LeVatte (Cape Breton District), a learning support teacher at Mountainview Elementary School; and staff liaison, executive staff officer Pamela Langille.*

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## executive highlights

### November 29, 2024

- Filed the Table Officers Report;
- Approved Conference Grants in the amount of \$600.00 each;
- Referred a motion to the Finance and Property Committee (PD Grants and Opportunities Budget);
- Approved a motion that the NSTU consult with Locals, Professional Associations and RRCs in regards to NSTU issued role-based email addresses, once NSTU webmail is retired;
- Approved a motion that the NSTU will create Operational Procedures that outline how our organization will handle the creation and maintenance of NSTU emails for NSTU leaders once the old webmail system is no longer in existence;
- Approved a motion that Annual Council 2027 be held at the Westin Nova Scotian;
- Approved a motion that the NSTU continue to investigate alternate and accessible locations and dates for Annual Council 2028;
- Ratified the 2024 Association of Teachers of Every Child (ATEC) Constitution;
- Ratified the 2024 Social Studies Teachers Association (SSTA) Constitution;
- Ratified the 2024 Nova Scotia Language Teachers Association (NSLTA) Constitution;
- Ratified the 2024 Family Studies Teachers Association (FSTA) Constitution;
- Ratified the 2024 Association of Teachers of English of Nova Scotia (ATENS) Constitution;
- Ratified the 2024 Strait Regional Representative Council (SRRC) Constitution;
- Approved a motion that the Professional Associations Volunteer Leadership consider offering virtual attendance at the October Conference for a percentage of Provincial Associations, whereby this form of attendance would be deemed appropriate, commencing October 2025.



## NSTU Webmail

The NSTU Webmail system is being retired on July 18, 2025. To stay up-to-date please visit <http://www.nstucentral.ca> and update your member registry profile.



## Courriel Web du NSTU

On retirera le compte courriel Web du NSTU le 18 juillet 2025. Pour rester au fait des dernières nouvelles, consultez le site [www.nstucentral.ca](http://www.nstucentral.ca) et mettez à jour votre profil.



# Devour 2024 The 14th Annual Devour! Food Film Fest theme this year

The NSTU has been a proud sponsor of *Devour!* and Nourish Nova Scotia's THE BIG PICTURE PROGRAM since 2019. This Food Film Festival includes two days of films and hands-on culinary workshops for youth in both French and English. The theme of year's festival, which took place from October 21 to 27 was *Game Changers and Change Makers*, which shone a spotlight on globally recognized visionaries and local heroes solving the



*NSTU president Peter Day is shown with The Root of it All filmmakers Kimberly Gray, writer and co-producer, and Kalya Edworthy, director and co-producer.*

world's biggest food challenges or creating game-changing dishes and films.

THE BIG PICTURE PROGRAM's educational series of films, designed with schools in mind, sheds light on important topics such as sugar, food waste, and climate change for students of all ages in Nova Scotia. Nearly 4,000 youth in Nova Scotia have attended live in-theatre screenings and engaged in learning activities following the films since the program's inception, nine years ago. Last year, over 500 students participated in this program. On October 21, NSTU president Peter Day had the opportunity to address students from West Hants Education Centre and Dartmouth High School in advance of the screening of the film *The Root of it All*. This documentary by Alberta filmmakers explores our connection to food through the healing power of regenerative food sourcing and getting to know those who grow our food to help uncover pragmatic solutions to our ecological challenges.



## CONTACT 2025

CONFERENCE ON NEW TECHNIQUES AND CLASSROOM TEACHING  
hosted by NBTA

### Voices of the world



### Navigating Diverse Classrooms Together

An opportunity for teachers from Atlantic Canada to come together to share ideas, to reflect on experiences, and to celebrate all that is best about teaching.

August 5-8  
UNB Saint John

## ARE YOU INTERESTED IN FACILITATING A WORKSHOP AT CONTACT 2025?

If so, please email your proposal based on the theme above to [amarchand@staff.nstu.ca](mailto:amarchand@staff.nstu.ca) by January 10, 2025.

All proposals will be considered by the CAPTTO Professional Development Officers and the successful facilitator will be notified by the end of January.



# Province-wide PD Day highlights

## Friday, October 25, 2024

### Professional Associations Conference Day celebrates 40 years!

On Friday, October 25 some 6,700 NSTU members attended 21 conferences across the province marking the 40th Annual Provincial Professional Development Day.

“Thanks to each of you for your commitment to continuous learning and to supporting each other and your students,” said NSTU president Peter Day in his video greeting for the day. “These sessions are more than just workshops; they’re an opportunity to collaborate, share ideas, and strengthen our profession. Each one of you plays a vital role in shaping the future for our students, and your dedication to professional growth reflects that commitment.”

Conferences were held in Canning, Milford, Sydney, Truro, Tusket, Westville, and many locations in the HRM, featuring over 500 keynotes, plenary sessions, panel discussions and workshops.

Each conference—organized for elementary and young adolescent teachers, math, science, social studies, English, French,

Family Studies, art, drama, music, business education teachers or school counsellors, speech language pathologists, school psychologists and other specialists among others—is planned, developed and implemented through the tireless volunteer efforts of NSTU members.

“I especially want to thank the volunteer leadership of our professional associations for the countless hours of time you donate to help organize each of these workshops. Your ongoing efforts are helping to build a stronger more dynamic public education system across our province,” continued Day.

The new NSTU president visited six conferences throughout the day to meet with PA executives and NSTU members attending the conferences.

See below and on the following pages for some of this year’s highlights.



#### ATA

This year’s Art Teachers Conference—*Artful Minds*, was held in both HRM at Sackville High School and in Sydney, at the Cape Breton Centre for Craft and Design. It featured many hands-on workshops including working with clay, stamp making, rug hooking, watercolour and a lettering workshop which taught the basics of hand and brush lettering and letter formation. Other highlights included *A Medicine Wheel Teaching*, in which participants learned to better understand how to live a balanced lifestyle by focusing on their Spiritual, Environmental, Physical and Mental well-being and *Queer Art of Activism*, where participants explored activist and socially engaged art practice made by queer and trans artists and engage in critical discussion about the topics addressed and the form the works take. Teachers had the chance to consider and brainstorm how similar examples can be integrated into high school art classes and frameworks for the inclusion of queer and trans artists into existing curricular outcomes.



*Shown (left to right): conference participant Karen Campbell, SIS consultant with CBVRC; NSTU president Peter Day; Lindsay Uhma, art teacher at Dr. T.L. Sullivan School in Florence and coordinator of the Sydney conference; and ATA conference presenter, retired teacher Jennifer Moss, who presented The Lettering Workshop.*

## ATENS

The Association of Teachers of English in Nova Scotia held its conference at the NSTU building in Halifax. This full-day conference featured guest speaker Berit Gordon, author of *The Joyful Teacher* and *No More Fake Reading*. She supports teachers and teacher leaders in districts across the U.S. and Canada, conducting school-embedded professional development and presenting at education conferences bringing her many years of teaching experience in New York City schools and the Dominican Republic.

For the morning session, Gordon focused on *How to Make “Non-Readers” Obsolete! & Strategies that Foster Independence and Boost Stamina*, which provided engaging structures that get students reading at higher volumes and minimize AI and Sparknotes reliance. Through samples of student work, lesson plans, models, and other practical



*Shown (l-r) are members of the ATENS executive: Lori Stafford VP; Eppy MacDonald Secretary; Luke MacDonald Treasurer; Thomas Woodbury Kimberlins Committee member; Kyle Cormier Kimberlins Committee member; Liam Timmons President; Rachel Collins out-going member at large; Peter Day, NSTU President; and BJ Nooyens Member at Large.*

resources, participants learned how to strengthen reading engagement and comprehension at all levels. The afternoon session was *Strategies from The Joyful Teacher*, in which fresh and user-friendly strategies that help students feel capable and ready to take the reins of reading, as well as practical ways to deliver high-impact feedback that helps every reader and writer grow were explored.



## CTEANS

The Career and Technology Education Association (formerly known as Nova Scotia Technology Education Association) held this year's conference at Bedford West High School. The *Growing Trades and Careers* conference offered some 30 workshops for its 189 delegates throughout the day, including an off-site canoe session in which teachers could get their Paddle Canada Certification through an experiential educational experience at Lake George in the Annapolis Valley. Other workshops included *Advanced Techniques for Welding Educators*, *Teaching in the Age of AI*, *Green Careers* through Green Schools Nova Scotia is an initiative through Efficiency Nova Scotia to enhance environmental sustainability at schools, and a session offered by staff from NSCC, where delegates learned about the Horticulture and Agriculture programs offered by the College.



*Shown with NSTU president Peter Day left to right are: Kelly Spencer (Member-at-large), CTEANS president Andrew Seymour, Conference Chair for 2025 Sarah Barrette, Peter Day, vice-president Jon Imber, and secretary Erin Mullen.*

## MTA

The Math Teachers Association presented close to 80 workshops with 59 presenters for 807 registered delegates at its regular conference site for the association—Charles P. Allen High School in Bedford. The *Mathematics Illuminated* themed day started off with keynote speakers Dr. Jennifer Bay-Williams, and Dr. John Irving. Bay-Williams is a mathematics educator, author, and leader from Kentucky, where she is professor and associate dean at the University of Louisville. She advocates for ways to develop competence and confidence in mathematics learning, especially as it relates to fluency, and has written numerous books including international best sellers, *Math Fact Fluency* and the *Figuring out Fluency*. Irving is an Associate Professor and Chair of the Department of Mathematics and Computing Science at Saint Mary's University in Halifax. His research focuses on algebraic combinatorics, with a particular interest in enumerative problems related to geometry and representation theory.



*NSTU president Peter Day is shown with members of the MTA executive, from left to right: MTA president Erick Lee a math teacher at Citadel High School in Halifax; Kim McCarron, MTA's new treasurer, a Grades 6 to 12 math coach with the Cape Breton-Victoria Regional Centre of Education; Peter Day; MTA vice-president Jocelyn Procopio, who also teaches math at Citadel High; and Lori Burns new MTA on-site conference chair who teaches math at CP Allen High School.*

## NSTALL

Nova Scotia Teachers Association for Literacy and Learning which holds their annual conference at Cobequid Education Centre in Truro had 450 participants for its *Engagement through Collaboration* themed conference. Full day sessions included *Hike Nova Scotia's Reconnecting to Nature and Our Shared Planet: Cross-Curricular Environmental Learning for Grades 4-6*. Other workshops included *Empowering Literacy through Scratch: Enhancing Classroom Skills with Creative Coding*, *Loving Literacy: Images Inspire Imagination*, *From Chalkboards to Chatbots – Enhancing Literacy in the Age of AI*, and *Playful Practices: Making Routines Joyful*, presented by Grade Primary teacher at H.M MacDonald School Alasdair Lanyon.



*NSTU president Peter Day is shown with teacher and presenter Alasdair Lanyon.*



*Members of the NSTALL executive are shown back row: Stephanie Deagle, Secretary; NSTU president Peter Day; NSTALL president Tami Cox Jardine; Michelle MacIver; Conference Planning, Member at Large Glenna Griffith; and Martha Shephard Duguay, Conference Planning. Front row: vice-president Angela Wyllie and treasurer Lacey Phinney.*





## NSLTA

This year's Nova Scotia Language Teachers Association conference focused on *The Language of Reconciliation* and took place at Malcolm Munroe Memorial Middle School in Sydney and Membertou Trade and Convention Centre. Keynote speaker Dr. Erin Keith, Assistant Professor at Cape Breton University, shared her area of expertise related to inclusive education, equity-based praxis, and decolonizing pedagogies that center heartwork, ethics of care, and listening. Workshops included *Araich air! Raise it up! What is Working in our Gaelic Language Classrooms*, *Journey of Transformation: Strategies for Decolonizing and Indigenizing Language Teaching Practices*, *L'enseignement explicite en utilisant l'approche neurolinguistique*, and *Welcoming Newcomers*.

A highlight of this year's conference was a second day session on Saturday, October 26 *Nemokami' Journey – Mi'kmaq Medicine Walk* which took place at Membertou. Through this tour, NSTU members learned about the medicinal practices used by Mi'kmaq ancestors while walking through a beautifully wooded trail in Membertou. This session was facilitated by David Meuse, a dedicated Cultural Ambassador at the Membertou Trade and Convention Centre. Originally from Sipekne'katik he has been a powwow singer for over 20 years and in 2021 received the Vital Excellence Award, awarded to individuals who have played a vital role in their community through volunteerism, culture, leadership, and innovation.



*Shown left to right are NSLTA executive members with Peter Day: VP of Core French Marie-Lou Hamilton; past treasurer Lynnette Babin; treasurer Caroline Higgins; president Laura McCully; secretary Nicole Ivany; VP of EAL Allison Stewart; and first vice-president and registrar Leijsa Squires.*



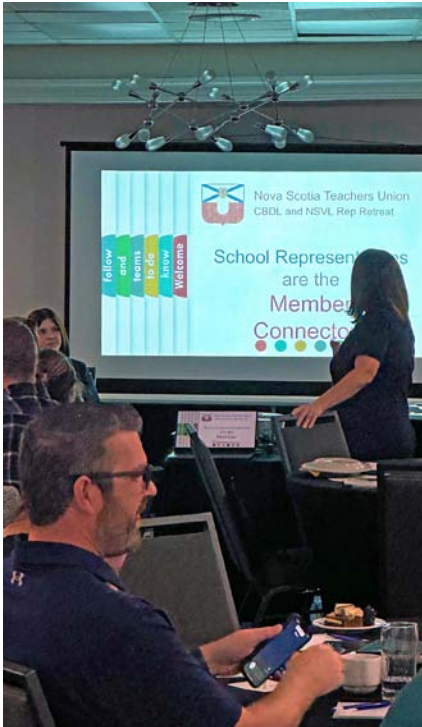
*Above are participants from the Mi'kmaq Medicine Walk with David Meuse.*

# Rep Retreat season provides essential learning for NSTU reps

It's been a busy fall with NSTU conferences, Local meetings and many NSTU Rep Retreats. These annual professional learning opportunities for NSTU school representatives assist NSTU school reps in fulfilling their important role as the key link to NSTU members at schools, sites and regional offices across the province.

NSTU president Peter Day brought greetings, met with members, and hosted trivia during many of the Rep Retreats held in October and November. These included the first joint Rep Retreat for Cape Breton District and Northside Victoria Locals on October 4 & 5, Annapolis, Kings and Hants West

Locals joint event on October 18, CSANE's annual session on October 25, Colchester-East Hants, Cumberland and Pictou Locals joint session on November 1 & 2, Lunenburg County's Rep Retreat on November 2 & 3, Strait Locals — Antigonish, Guysborough County, Inverness and Richmond on November 9 & 10th, Halifax County's Rep Retreat on November 16 & 17 and Halifax City and Dartmouth's co-hosted session on November 22 & 23. Workshops featured at these Rep Retreats vary on the needs of NSTU school reps in the hosting Local.



*Cape Breton District VP of PD Keli Brewer is shown at the Rep Retreat in Sydney.*



*NSTU president Peter Day is shown with Cape Breton District Local's Secretary Mike Sidney, and Paige Wadden the rep at John Bernard Croak School in Glace Bay, at the Cape Breton District/Northside Locals Rep Retreat.*



*Kings Local president Joanne Richardson Landry addresses members during the AVRRC Rep Retreat.*



*Shown is one of the teams of Trivia at the AVRRC Rep Retreat.*



*NSTU president Peter Day is shown with members of the CSANE Local at its annual Rep Retreat.*



*Staff Officer Tim MacLeod presents a workshop at the Rep Retreat for Colchester-East Hants, Cumberland and Pictou Locals.*



*Tim MacLeod is shown with Colchester-East Hants Local's VP of PD Wendy Gould, Colchester-East Hants Local president Nadine Arnold and provincial executive member Taunya Pynn Crowe.*



*Executive Staff Officer Pamela Langille presented a workshop focusing on NSTU programs and services at the Strait Rep Retreat.*



*NSTU president Peter Day answers questions from members during the Halifax County Rep Retreat.*



*Executive Staff Officer Paul Boudreau is shown giving a presentation on OHS at the Dartmouth/Halifax City Rep Retreat.*



*The NSTU president is shown with Dartmouth Local president Chris Doiron and Halifax City Local president Liette Doucet.*



# NOTICE OF REGIONAL PROVINCIAL EXECUTIVE ELECTIONS

## Spring 2025

### A. Background:

NSTU By-Law Article I – Membership sub-article 2 defines eligibility to hold office:

*The rights of Active Membership shall include, but not necessarily be limited to the right to vote and hold office at the local and provincial level.*

NSTU By-Law Article II – The Council sub-article 1 defines the Provincial Executive as:

*The Executive of the Council as described in the Teaching Profession Act shall be the Provincial Executive.*

NSTU By-Law Article III – The Provincial Executive sub-article 1 outlines the composition of the Provincial Executive as:

#### Composition

(a) *The composition of the Provincial Executive shall be: the President, the First Vice-President, the Immediate Past-President, and twenty-one (21) Regional Members.*

(b) *The number of Regional Members and the regions from which they shall be elected are as follows:*

(i) Annapolis/Hants West/Kings	2 Members
(ii) Antigonish/Guysborough	1 Member
(iii) Atlantic Provinces Special Education Authority (APSEA)	1 Member
(iv) Cape Breton District	2 Members
(v) Colchester/East Hants	1 Member
(vi) Conseil syndical acadien de la Nouvelle-Écosse (CSANE)	2 Members
(vii) Cumberland	1 Member
(viii) Dartmouth	1 Member
(ix) Digby/Shelburne/Yarmouth	2 Members
(x) Halifax City	2 Members
(xi) Halifax County	2 Members
(xii) Inverness/Richmond	1 Member
(xiii) Lunenburg County/Queens	1 Member
(xiv) Northside Victoria	1 Member
(xv) Pictou	1 Member

(c) *A Provincial Executive Member must be an Active Member of the NSTU.*

(d) *A Provincial Executive Member shall not concurrently hold office at the Local, Regional, or Professional Association Level.*

NSTU By-Law Article III – The Provincial Executive sub-article 8 outlines the duties of the Provincial Executive as:

*The Provincial Executive functions in the name of Council between sessions; it shall perform its duties in a manner that is consistent with the will of Council as expressed through resolutions passed by Council. In addition, the Provincial Executive shall carry out duties imposed specifically by the Teaching Profession Act, these By-Laws, Standing Orders, and Operational Procedures. The Provincial Executive will have, but not necessarily be limited to, carrying out the following duties:*

- (i) *appoint and dismiss an Executive Director and such other paid employees of the Union as it may deem necessary and determine their duties, remuneration, and terms of employment, including bonding;*
- (ii) *provide suitable offices and equipment for carrying on the work of the NSTU;*
- (iii) *direct and supervise the business, property, and affairs of the NSTU between Council meetings, and all decisions that are deemed policy by the Provincial Executive shall be forwarded to the upcoming Council as resolutions;*
- (iv) *determine the place and date and make arrangements for workshops and special Council meetings;*
- (v) *issue a post-Council press release;*
- (vi) *provide assistance with organizing Locals, Regional Representative Councils, and Professional Associations;*
- (vii) *shall ratify constitutions of Locals, Regional Representative Councils, and Professional Associations by following regulations outlined in the NSTU Operational Procedures;*
- (viii) *determine the boundaries of the Locals;*
- (ix) *publish a magazine or other official publications;*
- (x) *cause the books and accounts of the Council to be audited annually by a chartered accountant and cause the report of the auditor to be submitted to Council;*
- (xi) *have the power to convene an emergency meeting of a Local or a meeting of the NSTU Members in a given area; and,*
- (xii) *is empowered to exercise on behalf of the Union, as the Provincial Executive deems advisable from time-to-time, the powers of the Union under the Teachers' Pension Act and report thereon to the Council at the next following meeting of the Council.*

### B. Regional Elections to be Held Spring 2025:

#### Regions Holding Elections

#### Number of Members to be Elected

Annapolis/Hants West/Kings	1 Member
Atlantic Provinces Special Education Authority (APSEA)	1 Member
Cape Breton District	1 Member
Conseil syndical acadien de la Nouvelle-Écosse (CSANE)	1 Member
Cumberland	1 Member
Digby/Shelburne/Yarmouth	1 Member
Halifax City	1 Member
Halifax County	1 Member
Northside Victoria	1 Member
Pictou	1 Member

### C. Procedure and Timeline of Election Process:

NSTU Operational Procedure 8 – Election Procedures sub-section B outlines the voting procedures for Regional Provincial Executive Members as:

## I. Notice of Pending Election

- a. Notice of all pending Regional Provincial Executive elections shall be posted on the NSTU website and advertised in an issue of *The Teacher* at least thirty (30) days prior to the closing of nominations. **(for Spring 2025 this means Wednesday, January 29, 2025)**
- b. Notice of a pending Regional Provincial Executive election shall be sent to NSTU leaders (Local President(s), RRC Chair (if applicable), and Provincial Executive Member(s)) from within the boundaries of the region as defined in NSTU By-Laws Article III – The Provincial Executive at least thirty (30) days prior to the closing of nominations. **(for Spring 2025 this means Wednesday, January 29, 2025)**
- c. Notice shall include the process for nominations.

## II. Nominations

- a. Nominations for the office of Regional Provincial Executive shall be submitted on the official Nomination Form.
- b. The official Nomination Form may be found on the NSTU website.
- c. Individuals may nominate themselves.
- d. A candidate's Nomination Form must be completed and returned to the Executive Director or designate

no later than 4:00 p.m. on the last Friday of February (the closing of nominations). **(for Spring 2025 this means Friday, February 28, 2025)**

- e. In the event that no nominations are received in a given region, the close of nominations shall be extended by two (2) weeks, and notice shall be sent to NSTU leaders from within the boundaries of the region. **(for Spring 2025 this means Friday, March 14, 2025)**

## III. Voting Day

- a. The voting day shall be the third Wednesday in April. **(for Spring 2025 this means Wednesday, April 16, 2025)**

## D. Nominations:

The official Nomination Form is submitted online at: <https://nstu.ca/the-nstu/communications/online-forms/provincial-executive-nomination-form>. Confirmation of receipt of the Nomination Form will be emailed to the Candidate upon submission. Candidates will be contacted soon after the close of nominations regarding election procedures.

## E. Contact Person:

For further information regarding the 2025 Regional Provincial Executive Elections, contact Louis Robitaille Executive Staff Officer Research, Governance, and Policy at [lrobitaille@staff.nstu.ca](mailto:lrobitaille@staff.nstu.ca) or 1-800-565-6788 (local 902-477-5621).



## Regional Provincial Executive Election Schedule – 2025

Provincial Executive Region and # of Members	# Members to be Elected	Members to Remain Through 2025 – 2026	Term to Expire July 31, 2025
Annapolis/Hants West/Kings (2)	1 Member	Jemita Buchanan (Elected 2024 – 1st term)	Melissa Deveau (Elected 2023 – 1st term)
Antigonish/Guysborough (1)	No Election	Janet O'Brien (Elected 2024 – 1st term)	n/a
Atlantic Provinces-Special Education Authority (APSEA) (1)	1 Member	n/a	Andrew McCara (Elected 2023 – 1st term)
Cape Breton District (2)	1 Member	Rachelle MacIsaac (Elected 2024 – 1st term)	Crystal Sampson (By-Election 2024)
Colchester/East Hants (1)	No Election	Taunya Pynn Crowe (Elected 2024– 2nd term)	n/a
Cumberland (1)	1 Member	n/a	Sharon Midwinter (Elected 2023 – 2nd term)
Conseil syndical acadien de la Nouvelle-Écosse (CSANE) (2)	1 Member	Line Murphy (Elected 2024 – 2nd term)	Georgette Samson (Elected 2023 – 2nd term)
Dartmouth (1)	No Election	Mark Savoury (Elected 2024 – 1st Term)	n/a
Digby/Shelburne/Yarmouth (2)	1 Member	John MacKinnon (Elected 2024 – 2nd term)	Vera Ryan (Elected 2023 – 1st term)
Halifax City (2)	1 Member	Ben Sichel (Elected 2024 – 1st term)	Nancie de la Chevotiere (Elected 2023 – 1st term)
Halifax County (2)	1 Member	Grant Frost (Elected 2024 – 1st term)	Duncan Cameron (Elected 2023 – 2nd term)
Inverness/Richmond (1)	No election	Paula Landry (Elected 2024 – 1st term)	n/a
Lunenburg County/Queens (1)	No Election	Sarah Tutty (Elected 2024 – 2nd term)	n/a
Northside-Victoria (1)	1 Member	n/a	Kim Dunning (Elected 2023 – 1st term)
Pictou (1)	1 Member	n/a	Myla Borden (Elected 2023 – 2nd term)



## EDUWellness Grants – For Members by Members

As we approach the busy holiday season and the new year, your NSTU Group Insurance Trustees would like to take this opportunity to wish you all the best of the holiday season! They also want to remind you to mark your calendars for the following upcoming initiatives:

### EDUWellness Grants – For Members by Members

#### *What is the purpose of the EDUWellness Grants?*

The For Members by Members EDUWellness Grants have been established to support initiatives that promote the well-being of our plan members in an effort to recognize the tremendous work and efforts put in by you every day. For more information, visit the NSTU Group Insurance Trust website at <https://nstuinsurance.ca/grants/the-eduwellness-grant/>.

#### *Who is eligible for the grants?*

To be eligible, the individual must have a permanent, probationary, or term contract and be a member of the NSTU or PSAANS at the time of application. RTO members are also eligible. Please be advised that applicants that have received a grant within the last 2 years will not be eligible.

#### *What is the selection process for the EDUWellness Grants?*

The NSTU Group Insurance Trustees will award 10 grants valued at up to \$1,500 each. Grants will be scored following the rubric that can be found at <https://nstuinsurance.ca/grants/the-eduwellness-grant> and awarded to the applicants with the highest overall scores. Please be advised that not all applications will be awarded grants.

#### *What is the deadline to submit applications for the EDUWellness Grants?*

Applications must be submitted on/or before 11:59 pm on January 15, 2025. Completed projects are due no later than May 31, 2025.

## NSTU Webmail

As you may be aware, the **nstu.ca** email address will be phased out and go offline effective July 14, 2025. This will require those of you who use your @nstu email for this purpose to provide a new email address to Medavie Blue Cross as the insurer for your Total Care Medical and Total Care Dental benefit plans and Johnson Insurance as your group benefit plan administrator. The process to update your email address is as follows:

#### **Medavie Blue Cross**

As a NSTU plan member, you can update the email address for your existing MBC account by going through the Mobile App/ Member Services Site under “My Account”. **Please note, this is the only way to update your email address with Blue Cross, as calling them will require you to re-register / create a new account.**

#### **Johnson Insurance**

To change your email address with Johnson Insurance, you simply need to e-mail [pbadminns@johnson.ca](mailto:pbadminns@johnson.ca) or call 1-800-453-9543 to advise of your new email address. **Please note, if sending an email, please ensure to include your certificate number and name in the body of the email.**

We trust the information outlined above is helpful. Please don't forget to visit our website at [www.nstuinsurance.ca](http://www.nstuinsurance.ca) to review the many benefits and programs available to you through the NSTU Group Insurance Plan.

Take care and stay safe this holiday season,  
Your NSTU Group Insurance Trustees.

# It pays to be a member!

**NSTU members can  
receive exclusive home  
and car insurance savings  
and enhanced coverages.**



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car and home insurance

Certain conditions, eligibility requirements, limitations and exclusions apply to all offers. Visit [belairdirect.com](https://belairdirect.com) for more details. Offers may change without notice. We offer car insurance and home insurance in Alberta, Ontario, Quebec, New Brunswick, Nova Scotia, Newfoundland and Labrador and Prince Edward Island and home insurance only in British Columbia. © 2024, Belair Insurance Company Inc. All rights reserved.

## NSTU supports Neptune Theatre Student matinee program

The NSTU has been a proud supporter of Neptune Theatre's student outreach programs since 2001, including TourCo, formerly known as Young Company school tour, Neptune Theatre School and the Student Matinee Program.

Our support helps Neptune Theatre bring the magic of live theatre to schools, students and teachers across the province, promoting theatre to a wider and younger audience and fostering a love of the performing arts.

NSTU president Peter Day welcomed students and teachers who attended the Student Matinee of Neptune's Holiday production of Frozen on November 21 and brought greetings on behalf of NSTU members. Students and teachers from St. Andrew's Consolidated School in Antigonish, Central Kings Rural High in Cambridge, Sir Charles Tupper in Halifax, and Colonel John Stuart Elementary in Cole Harbour attended the show.



## PACC at PALC Conference

Members of the Professional Associations Coordination Committee (PACC) are shown during the annual Professional Associations Leadership conference, which took place at Hotel Halifax on November 22 and 23. This committee advises and recommends policy to the Provincial Executive around the operation, formation or disbandment of Professional Associations. Other duties include monitoring the financial status of Professional Associations and assisting PA executives in organizing, managing and directing their business and affairs. This committee also helps to organize the conference.

*Shown in the photo, seated are: Meghan MacNeil (Speech Language and Audiologists Association), Dionne Reid (Business Education Teachers Association), and Scott MacKinnon (Association of Teachers of Young Adolescents). Standing: Committee Chair Andrew Gosney (Nova Scotia School Counsellors Association), Steven Corbett (Social Studies Teachers Association), and staff liaison Amanda O'Regan-Marchand. Missing: Jennifer Eisener (Primary Education Teachers Association) and Jemita Buchanan, provincial executive liaison.*



*Peter Day is shown with teachers from St. Andrew's Consolidated Chris Martin, Grade 4 teacher and Amber McDaniel Grade 4/5.*

The deadline for the  
January/February issue  
of The Teacher is January 24

Contact Nancy at 902-477-5621 or [theteacher@nstu.ca](mailto:theteacher@nstu.ca)





# classifieds

Classified rates are \$2.00 for the first 15 words and 25¢ per additional word upon presentation of a professional number.

Non-members pay \$6.00 for the first 15 words and 25¢ per additional word.

To book, call Nancy Day at 1-800-565-6788 or email [theteacher@nstu.ca](mailto:theteacher@nstu.ca)

**Permanent HRCE Teacher** looking for one year job exchange (potentially longer) with teacher in CBVRCE. French qualified, EAL qualified. Contact: [ttpower@nstu.com](mailto:ttpower@nstu.com).

**Permanent HRCE Elementary Teacher** looking for one year job exchange (potentially longer) with teacher in CBVRCE. French qualified. Possible housing swap. Contact: [Hrcetocbce@gmail.com](mailto:Hrcetocbce@gmail.com)

Inexpensive Uncontested Divorce

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Divorce Solution Mediation Service is offering a 20% discount to NSTU members.

## The John Huntley Memorial Internship Program

*The deadlines for application for the John Huntley Memorial Internship Program are*

**October 1, February 1  
& April 1.**

*Applications for active NSTU members are available through your NSTU rep,*

*on the NSTU website at [www.nstu.ca](http://www.nstu.ca) or*

*at Central Office 477-5621 or 1-800-565-6788.*

*The internship provides members with an opportunity to learn more about the NSTU.*

 **Nova Scotia Teachers Union**

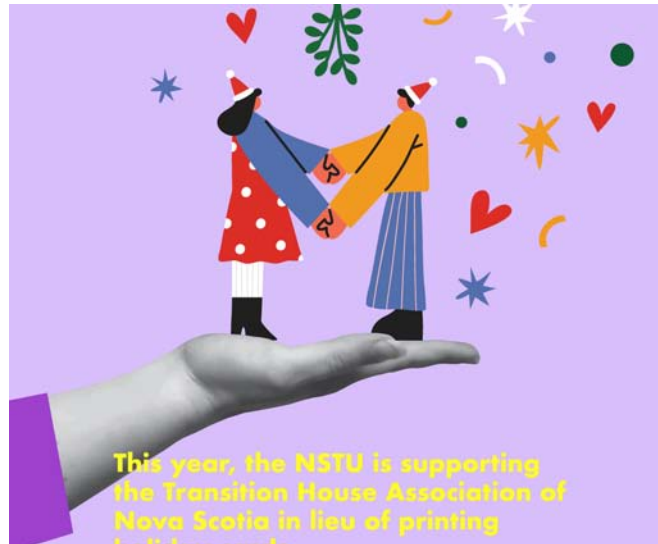
## 2024-2025 NSTU RETIREMENT SEMINARS SCHEDULE

DATE	REGION	LOCATION
October 2-3, 2024	CCRCE	Super 8 Hotel—Amherst
October 9-10, 2024	TCRCE	Rodd Grand—Yarmouth
October 16-17, 2024	CBVRCE	Holiday Inn Waterfront—Sydney
October 22-23, 2024	HRCE	Halifax Tower Hotel—Halifax
October 29-30, 2024	AVRCE	Old Orchard Inn—Greenwich
November 5-6, 2024	CCRCE	Pictou County Wellness Centre—Stellarton
November 13-14, 2024	HRCE	Halifax Tower Hotel—Halifax
November 19-20, 2024	SSRCE	Best Western Plus—Bridgewater
December 3-4, 2024	CCRCE	Best Western Glengarry—Truro
December 11-12, 2024	SRCE	Port Hawkesbury Civic Centre—Port Hawkesbury
January 14-15, 2024	HRCE	Sandman Signature Hotel—Dartmouth Crossing
February 25-26, 2025	HRCE	Sandman Signature Hotel—Dartmouth Crossing

Information from the




**Nova Scotia Teachers Union**



**This year, the NSTU is supporting the Transition House Association of Nova Scotia in lieu of printing holiday cards.**

Since 1989, THANS has worked to eliminate violence against women in Nova Scotia. Its 11-member organizations provide transitional services to women and their children who are experiencing violence and abuse across Nova Scotia, including culturally relevant services to Mi'kmaq People.

Please help foster safer communities across Nova Scotia. Season's greetings and best wishes for a joyous holiday.

 **Nova Scotia Teachers Union**