

Total Care Medical and Dental Claims Reimbursement —Now That Was Easy!

The NSTU Group Insurance Trustees want to ensure that members are aware of the most convenient ways to be reimbursed for claims related to the Total Care Medical and Total Care Dental Programs.

Medavie Blue Cross (MBC) is billed directly by your pharmacy for eligible prescription drugs. You are required to pay the \$5.00 co-pay for each prescription. If you have a hospital stay, hospitals will bill MBC directly so members are not required to be out-of-pocket for semi-private hospital accommodation charges. There are some items insured under Hospital Benefits and Extended Health Benefits such as ambulance service, medical supplies, paramedical services, medical equipment and dental services that may have to be paid up front. What is the best method for members to be reimbursed as quickly as possible for expenses to ensure you are out-of-pocket the least amount of time?

MBC have established electronic adjudication for many of its service providers. Providers such as massage therapists and physiotherapists can have your claim adjudicated online, asking you to pay only the applicable co-insurance. As an example, many physiotherapists can bill MBC directly at the time of service and charge you the 20% co-insurance before you leave their office. This is also true for many dental offices who can also bill MBC directly to minimize your out-of-pocket expenses. Ask your service provider if they have the ability to bill MBC directly.

At some point you may find yourself in a situation where you are required to pay 100% of a supply or service. All paid-in-full receipts must be submitted to MBC for reimbursement within one year from the date the expense

is incurred. For convenience, you may wish to set up Direct Deposit with MBC. Claims reimbursement can be transferred electronically to your chosen bank account which will eliminate waits for reimbursement cheques through the mail, cut back on trips to the bank and reduce the risk of theft or loss of your reimbursement cheque. MBC will send you a notice each time they make a deposit into your bank account.



If you have any questions regarding the above, please contact Johnson Inc. at 1-800-453-9543 (toll-free) or 453-9543 (local)