## **Academy in School Mental Health**

conference schedule

DAY 1	PRESENTER	INTEREST AREA
7:30 am - 8:45 am	REGISTRATION	
8:00 am - 8:45 am	Breakfast	
8:45 am - 9:15 am	Dr. Stan Kutcher	Welcome and Goals of the Academy
9:15 am - 10:15 am	Dr. Stan Kutcher	The Adolescent Brain: Some Implications for Education
10:15 am - 10:45 am	Break	
10:45 am - 11:45 am	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Dr. Penny Corkum	3. Strategies for Dealing with ADHD in the Classroom (Level 1)
	Judy Elliot / IWK Teachers	4. Teacher Strategies from the Frontline
	Andy Cox	5. Advocacy and What to Expect from a Hospital Treatment Program
	IWK CHOICES team	6. Strategies for Dealing with Substance Abuse
	IWK CHOICES team	7. Anxiety Disorders- What Guidance Counsellors Need to Know
12:00 pm - 1:00 pm	Lunch	
1:05 pm - 2:30 pm	Dr. Sabina Abidi	When Everything Seems Unreal: Psychosis at School
2:30 pm - 3:00 pm	Break	Afternoon Stretch and Refreshment Break
3:00 pm - 4:00 pm	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Dr. Penny Corkum	3. ADHD Applications in the Classroom (Level 2)
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	Andy Cox	5. Advocacy and What to Expect from a Hospital Treatment Program
	IWK CHOICES team	6. Strategies for Dealing with Substance Abuse
	IWK CHOICES team	7. Motivational Interviewing for Guidance Counsellors
5:00 pm - 7:00 pm	Networking reception	Optional





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DAY 2	PRESENTER	INTEREST AREA
7:30 am - 8:45 am	REGISTRATION	
8:00 am - 8:45 am	Breakfast	
8:45 am - 9:00 am	Dr. Stan Kutcher	Welcome and Review of DAY 1
9:00 am - 10:15 am	Dr. David Gardner	An interactive session on medications for mental health problems
10:15 am - 10:45 am	Break	
10:45 am - 11:45 am	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Andrea Murphy	3. Experiences of youth taking psychotropic medications
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	IWK CHOICES Team	5. Strategies for Dealing with Substance Abuse
	Dr. Alan McLuckie	6. Discussing Mental Health with Parents
	IWK CHOICES team	7. Anxiety Disorders- What Guidance Counsellors Need to Know
12:00 pm - 1:00 pm	Lunch	
1:05 pm - 2:30 pm	Afternoon Plenary Session	
	Dr. Suzanne Zink	Learning the Signs of Depression
2:30 pm - 3:00 pm	Break	Afternoon Stretch and Refreshment Break
3:00 pm - 4:00 pm	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Andrea Murphy	3. Experiences of youth taking psychotropic medications
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	IWK CHOICES team	5. Strategies for Dealing with Substance Abuse
	Dr. Alan McLuckie	6. Discussing Mental health with Parents
	IWK CHOICES team	7. Motivational Interviewing and Cognitive Behavioural Techniques for Guidance Counsellors





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7:30 am - 8:45 am 8:00 am - 8:45 am 8:45 am 9:00 am - 9:00 am - 10:15 am 9:00 am - 10:15 am 10:45 am 1	DAY 3	PRESENTER	INTEREST AREA
B:45 am - 9:00 am 9:00 am - 10:15 am  Dr. Stan Kutcher Opening Plenary Dr. Alexa Bagnell Break  Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team 2:30 pm - 3:00 pm 3:00 pm - 4:00 pm Tight gwei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES team LAING House Youth & Staff IWK CHOICES Team Lunch Afternoon Plenary Session Dr. Stephanie Casey Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IVM C	7:30 am - 8:45 am	REGISTRATION	
9:00 am - 10:15 am 10:15 am - 10:45 am 10:45 am - 11:45 am 10:45 am - 10:45 am 10:45 a	8:00 am - 8:45 am	Breakfast	
Dr. Alexa Bagnell  Break  Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team 2:30 pm - 1:00 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  Tight of the Classroom  Dr. Alexa Bagnell Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers IWK CHOICES team LAING House Youth & Staff IWK CHOICES team Lunch Afternoon Plenary Session Dr. Stephanie Casey Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK CHO	8:45 am - 9:00 am	Dr. Stan Kutcher	Welcome and Review of DAY 2
Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES Team 1:05 pm - 2:30 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  Tyfeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES team LalnG House Youth & Staff IWK CHOICES team Lunch Afternoon Plenary Session Dr. Stephanie Casey Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team	9:00 am - 10:15 am	Opening Plenary	
10:45 am - 11:45 am  Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team 2:30 pm - 1:00 pm 1:05 pm - 2:30 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  Lunch Afternoon Plenary Session Dr. Stephanie Casey Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers IWK CHOICES Team LAING House Youth & Staff IWK CHOICES Team IWK CHOICES Team Afternoon Plenary Session Dr. Stephanie Casey Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK		Dr. Alexa Bagnell	Dealing with Anxiety in the Classroom
Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team 1:05 pm - 2:30 pm 1:05 pm - 3:00 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm I-05 pm - 2:00 pm I-05 pm - 2:30 pm I-05 pm - 3:00 pm I-05 pm - 3:00 pm I-05 pm - 4:00 pm I-05 pm - 2:30 pm I-05 pm - 3:00 pm I-05 pm - 3:00 pm I-05 pm - 3:00 pm I-05 pm - 4:00 pm I-05 pm - 4:00 pm I-05 pm - 3:00 pm I-05 pm -	10:15 am - 10:45 am	Break	,
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Judy Elliot / IWK Teachers		Christina Carew	2. Digital Resources for Teachers
IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team 12:00 pm - 1:00 pm 1:05 pm - 2:30 pm 1:05 pm - 3:00 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  Trying German Laing House Youth Speak: Youth and Staff from LAING House Youth Speak: Youth and Staff of LAING House Youth Sp		Dr. Wade Junek	3. ADHD Medication: What Teachers Need to Know
LAING House Youth & Staff IWK CHOICES team 1:05 pm - 1:00 pm 1:05 pm - 2:30 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm Dr. Stephanie Casey Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth Speak: Youth and Staff from LAING House 7. Anxiety Disorders-What Guidance Counsellors Need to Know  Eating Disorders Afternoon Stretch and Refreshment Break 1. Curriculum Training for the Classroom 2. Digital Resources for Teachers 3. ADHD Medication: What Teachers Need to Know 4. Teacher Strategies from the Frontline 5. LAING House Youth Speak: Youth and Staff of LAING House 6. Strategies for Dealing with Substance Abuse 7. Anxiety Disorders 7. Anxiety Disorders 7. Anxiety Disorders 8. Afternoon Stretch and Refreshment Break 9. Digital Resources for Teachers 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House 9. LAING House Youth Speak: Youth and Staff of LAING House		Judy Elliot / IWK Teachers	4. Teacher Strategies from the Frontline
12:00 pm - 1:00 pm 1:05 pm - 2:30 pm 1:05 pm - 3:00 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  The second of the class of the		IWK CHOICES Team	5. Strategies for Dealing with Substance Abuse
12:00 pm - 1:00 pm 1:05 pm - 2:30 pm 1:05 pm - 2:30 pm 2:30 pm - 3:00 pm 3:00 pm - 4:00 pm 3:00 pm - 4:00 pm  Dr. Stephanie Casey  Break  Breakout Sessions  Yifeng Wei  Christina Carew  Dr. Wade Junek  Judy Elliot & IWK Teachers  LAING House Youth & Staff  IWK CHOICES Team  IWK CHO		LAING House Youth & Staff	6. LAING House Youth Speak: Youth and Staff from LAING House
1:05 pm - 2:30 pm  Afternoon Plenary Session Dr. Stephanie Casey  Break Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK CHOI		IWK CHOICES team	7. Anxiety Disorders-What Guidance Counsellors Need to Know
Dr. Stephanie Casey  Break  Breakout Sessions  Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team	12:00 pm - 1:00 pm	Lunch	
2:30 pm - 3:00 pm 3:00 pm - 4:00 pm  Break  Breakout Sessions  Yifeng Wei  Christina Carew  Dr. Wade Junek  Judy Elliot & IWK Teachers  LAING House Youth & Staff  IWK CHOICES Team  IWK CHOICES	1:05 pm - 2:30 pm	Afternoon Plenary Session	
3:00 pm - 4:00 pm  Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK CHOICE		Dr. Stephanie Casey	Eating Disorders
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Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK CH		Yifeng Wei	1. Curriculum Training for the Classroom
<ul> <li>Judy Elliot &amp; IWK Teachers</li> <li>LAING House Youth &amp; Staff</li> <li>IWK CHOICES Team</li> <li>IWK</li></ul>		Christina Carew	2. Digital Resources for Teachers
LAING House Youth & Staff IWK CHOICES Team IWK CHOICES Team IWK CHOICES Team Of the control of t		Dr. Wade Junek	3. ADHD Medication: What Teachers Need to Know
IWK CHOICES Team  IWK CHOICES Team  6. Strategies for Dealing with Substance Abuse  7. Motivational Interviewing and Cognitive Behavioural Techniques for Guidance Counsellors		*	4. Teacher Strategies from the Frontline
<ul> <li>IWK CHOICES Team</li> <li>7. Motivational Interviewing and Cognitive Behavioural Techniques for Guidance Counsellors</li> </ul>		LAING House Youth & Staff	5. LAING House Youth Speak: Youth and Staff of LAING House
for Guidance Counsellors		IWK CHOICES Team	6. Strategies for Dealing with Substance Abuse
		IWK CHOICES Team	
4:00 pm - 4:30 pm Dr. Stan Kutcher Wrap Up and Close			for Guidance Counsellors
	4:00 pm - 4:30 pm	Dr. Stan Kutcher	Wrap Up and Close



