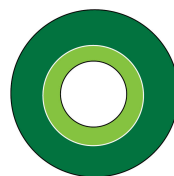


Academy in School Mental Health

conference schedule

DAY 1	PRESENTER	INTEREST AREA
7:30 am - 8:45 am	REGISTRATION	
8:00 am - 8:45 am	Breakfast	
8:45 am - 9:15 am	Dr. Stan Kutcher	Welcome and Goals of the Academy
9:15 am - 10:15 am	Dr. Stan Kutcher	The Adolescent Brain : Some Implications for Education
10:15 am - 10:45 am	Break	
10:45 am - 11:45 am	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Dr. Penny Corkum	3. Strategies for Dealing with ADHD in the Classroom (Level 1)
	Judy Elliot / IWK Teachers	4. Teacher Strategies from the Frontline
	Andy Cox	5. Advocacy and What to Expect from a Hospital Treatment Program
	IWK CHOICES team	6. Strategies for Dealing with Substance Abuse
	IWK CHOICES team	7. Anxiety Disorders- What Guidance Counsellors Need to Know
12:00 pm - 1:00 pm	Lunch	
1:05 pm - 2:30 pm	Dr. Sabina Abidi	When Everything Seems Unreal: Psychosis at School
2:30 pm - 3:00 pm	Break	Afternoon Stretch and Refreshment Break
3:00 pm - 4:00 pm	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Dr. Penny Corkum	3. ADHD Applications in the Classroom (Level 2)
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	Andy Cox	5. Advocacy and What to Expect from a Hospital Treatment Program
	IWK CHOICES team	6. Strategies for Dealing with Substance Abuse
	IWK CHOICES team	7. Motivational Interviewing for Guidance Counsellors
5:00 pm - 7:00 pm	Networking reception	Optional



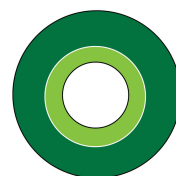
To register, visit:
teenmentalhealth.org

For inquiries, please contact: Amy MacKay (902) 470-6598 / amy.mackay@iwk.nshealth.ca

Academy in School Mental Health

conference schedule

DAY 2	PRESENTER	INTEREST AREA
7:30 am - 8:45 am	REGISTRATION	
8:00 am - 8:45 am	Breakfast	
8:45 am - 9:00 am	Dr. Stan Kutcher	Welcome and Review of DAY 1
9:00 am - 10:15 am	Dr. David Gardner	An interactive session on medications for mental health problems
10:15 am - 10:45 am	Break	
10:45 am - 11:45 am	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Andrea Murphy	3. Experiences of youth taking psychotropic medications
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	IWK CHOICES Team	5. Strategies for Dealing with Substance Abuse
	Dr. Alan McLuckie	6. Discussing Mental Health with Parents
	IWK CHOICES team	7. Anxiety Disorders- What Guidance Counsellors Need to Know
12:00 pm - 1:00 pm	Lunch	
1:05 pm - 2:30 pm	Afternoon Plenary Session	
	Dr. Suzanne Zink	Learning the Signs of Depression
2:30 pm - 3:00 pm	Break	Afternoon Stretch and Refreshment Break
3:00 pm - 4:00 pm	Breakout Sessions	
	Yifeng Wei	1. Curriculum Training for the Classroom
	Christina Carew	2. Digital Resources for Teachers
	Andrea Murphy	3. Experiences of youth taking psychotropic medications
	Judy Elliot & IWK Teachers	4. Teacher Strategies from the Frontline
	IWK CHOICES team	5. Strategies for Dealing with Substance Abuse
	Dr. Alan McLuckie	6. Discussing Mental health with Parents
	IWK CHOICES team	7. Motivational Interviewing and Cognitive Behavioural Techniques for Guidance Counsellors



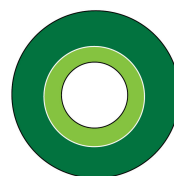
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Academy in School Mental Health

conference schedule

DAY 3	PRESENTER	INTEREST AREA
7:30 am - 8:45 am	REGISTRATION	
8:00 am - 8:45 am	Breakfast	
8:45 am - 9:00 am	Dr. Stan Kutcher	Welcome and Review of DAY 2
9:00 am - 10:15 am	Opening Plenary Dr. Alexa Bagnell	Dealing with Anxiety in the Classroom
10:15 am - 10:45 am	Break	
10:45 am - 11:45 am	Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot / IWK Teachers IWK CHOICES Team LAING House Youth & Staff IWK CHOICES team	<ol style="list-style-type: none"> 1. Curriculum Training for the Classroom 2. Digital Resources for Teachers 3. ADHD Medication: What Teachers Need to Know 4. Teacher Strategies from the Frontline 5. Strategies for Dealing with Substance Abuse 6. LAING House Youth Speak: Youth and Staff from LAING House 7. Anxiety Disorders- What Guidance Counsellors Need to Know
12:00 pm - 1:00 pm	Lunch	
1:05 pm - 2:30 pm	Afternoon Plenary Session Dr. Stephanie Casey	Eating Disorders
2:30 pm - 3:00 pm	Break	Afternoon Stretch and Refreshment Break
3:00 pm - 4:00 pm	Breakout Sessions Yifeng Wei Christina Carew Dr. Wade Junek Judy Elliot & IWK Teachers LAING House Youth & Staff IWK CHOICES Team IWK CHOICES Team	<ol style="list-style-type: none"> 1. Curriculum Training for the Classroom 2. Digital Resources for Teachers 3. ADHD Medication: What Teachers Need to Know 4. Teacher Strategies from the Frontline 5. LAING House Youth Speak: Youth and Staff of LAING House 6. Strategies for Dealing with Substance Abuse 7. Motivational Interviewing and Cognitive Behavioural Techniques for Guidance Counsellors
4:00 pm - 4:30 pm	Dr. Stan Kutcher	Wrap Up and Close



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